

## World Oral Health Day 2024

### Event Report

As a part of the **Viksit Bharat @ 2047** initiative the Faculty of Dentistry celebrated and organized a program on the occasion of the World Oral Health Day on 20<sup>th</sup> March 2024. The event was well attended by approximately 100 teaching faculty members, non-teaching staff, interns and students of Faculty of Dentistry. Students and staff from Centre of Physiotherapy and Rehabilitation Sciences, JMI along with Doctors and staff from Dr. M.A. Ansari Health Center, JMI also attended the program.

The program began with the welcome note by Prof. Ashu Bhardwaj, Incharge, Periodontology who emphasized the need for everyone to understand the connection between gum diseases and systemic health. She mentioned that gum diseases are not a separate entity and they should always be considered in connection with the whole body. Thereafter, Prof. Keya Sircar, Dean, Faculty of Dentistry welcomed the gathering and congratulated the team for bringing up this significant topic and conducting this program for the non-teaching staff as well.

In accordance to the theme of World Oral Health Day - 2024 **“A HAPPY MOUTH IS... A HAPPY BODY”**, a lecture on “Gum Diseases: More than just a pain in the mouth” was delivered by Dr. Kirti Chawla, Professor, Periodontology, Faculty of Dentistry, JMI. She discussed about the correlation of periodontal diseases with various systemic conditions. She emphasized that periodontitis is a potential source of infection and has been considered as a risk factor for different cardiovascular, respiratory, endocrine and reproductive conditions. It was highlighted that oral health hugely impacts general well-being of an individual and hence periodontal or gum diseases should not be considered as a separate condition of the body. Since periodontal diseases impact the systemic health, maintaining a good oral hygiene is very important to maintain optimal general health.

Along with the lecture, activities like slogan writing and rangoli competition were conducted for the students and interns of the faculty and winners were felicitated. The program was well appreciated by the participants who learnt that the periodontal diseases have a huge impact on their systemic condition. All the participants were distributed with oral hygiene aids at the end of the program.

The event ended with the vote of thanks which was meticulously organized under the patronship of Prof. Keya Sircar, Dean, Faculty of Dentistry, JMI and was well coordinated by Prof. Ashu Bhardwaj, Prof. Madhuri A. Sawai, Prof. Zeba Jafri, Prof. Nishat Sultan and Prof. Kirti Chawla.