

CELEBRATING
6TH EDITION OF

FIT INDIA WEEK



JAMIA MILLIA ISLAMIA



DR ZAKIR HUSSAIN HALL

DEC | 23-28 | 2024

QUIRAAT

WELCOME SPEECH

AR. MOHD. FIROZ ANWAR

ASSOCIATE PROFESSOR, DPT. OF ARCHITECTURE, JMI
SR. WARDEN, APJ ABDUL KALAM HOSTEL

INAUGURAL ADDRESS

PROF. ABUZAR KHAIRI

PROFESSOR (MMAJ ACADEMY OF INTERNATIONAL
STUDIES)
PROVOST, DR ZAKIR HUSSAIN HALL

FELICITATIONS

DR EAKRAMUDDIN

ASSOCIATE PROFESSOR, FACULTY OF LAW, JMI
SR. WARDEN, SRK/OS

DR MUMTAZ AHMED

ASSOCIATE PROFESSOR, DPT. OF COMPUTER
ENGINEERING, JMI
SR. WARDEN, E.J. KELLAT HOSTEL

VOTE OF THANKS

DR. MOHD. FAIJULLAH KHAN

ASSOCIATE PROFESSOR (DEPARTMENT OF TEACHER
TRAINING & NON-FORMAL EDUCATION)
DEPUTY PROVOST, DR ZAKIR HUSSAIN HALL

23

DEC, 2024

6.00 TO
7.00 PM

SPECIAL LECTURE

TOPIC: PSYCHOLOGY OF COLLEGE-GOING YOUTH

EXPERT: DR ALI HAIDER, ASSISTANT PROFESSOR, DES, JAMIA MILLIA ISLAMIA

VENUE: COMMON HALL, OBAIDULLAH SINDHI HOSTEL

SPECIAL LECTURE

TOPIC: FITNESS FOR NEWGEN LEARNERS: TIPS AND PRACTICES

EXPERT: MOHAMMED RASHEED, ASSISTANT PROFESSOR, DEPARTMENT OF LAW, JAMIA MILLIA ISLAMIA

VENUE: COMMON HALL, SIR A.M. KHWAJA HOSTEL

24

DEC, 2024

6.00 TO
7.00 PM

26

DEC, 2024

2.00 PM
ONWARDS

FUN GAMES

FOR STUDENTS

- MAKING THE CUP PYRAMID
- FILL THE BOTTLE
- LEMON RACE
- SACK RACE
- PAIR RACE
- MUSICAL CHAIR

COMPETITION FOR HOSTEL STAFF

- MUSICAL CHAIR
- SACK RACE

VENUE: HOSTEL PREMISES

- FITNESS PLEDGE
- IDEA GENERATION CONTEST
- POSTER MAKING
- YOGA PHOTO SHOOT

VENUE: HOSTEL PREMISES

VALEDICTORY AND PRIZE DISTRIBUTION (3.00 PM)

VENUE: COMMON HALL, OBAIDULLAH SINDHI HOSTEL

28

DEC, 2024

11.00 AM
ONWARDS

ORGANIZING TEAM



PROFESSOR MAZHAR ASIF
HON'BLE VICE CHANCELLOR, JMI

PROF. MD MAHTAB ALAM RIZVI
REGISTRAR, JMI



PROF. ABUZAR KHAIRI
PROFESSOR (MMAJ ACADEMY OF
INTERNATIONAL STUDIES)
PROVOST, DR ZAKIR HUSSAIN HALL

DR. MOHD. FAIJULLAH KHAN
ASSOCIATE PROFESSOR (DEPARTMENT OF
TEACHER TRAINING & NON-FORMAL
EDUCATION)
DEPUTY PROVOST, DR ZAKIR HUSSAIN HALL



TEAM WARDENS, DR ZAKIR HUSSAIN HALL