



NATIONAL SEMINAR

On

Bharat: Vishva Guru in Yoga Education

11-12 February, 2023

Organized by

Department of Teacher Training and Non-formal Education
Jamia Millia Islamia, New Delhi
(NAAC Accredited A++
NIRF Rank 3)

Sponsored by

Indian Council of Social Science Research
Ministry of Education, GoI, New Delhi

To Celebrate

'Azadi Ka Amrit Mohotsav'

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Vice Chancellor, Jamia Millia Islamia, New Delhi

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Registrar, JMI, New Delhi

Seminar Chair

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Dean, Faculty of Education, JMI, New Delhi

Seminar Director

Prof. Naheed Zahoor
Head, D/o. TT&NFE, JMI, New Delhi

Seminar Convener

Dr. Arif Mohammad
D/o. TT&NFE, JMI, New Delhi

Treasurer

Dr. Savita Kaushal
D/o. TT&NFE, JMI, New Delhi

Organizing Secretaries

Dr. Mohd Faijullah Khan
Dr. Farhana Khatoon
D/o. TT&NFE, JMI, New Delhi

About the Seminar

The Department of Teacher Training and Non-formal Education (IASE), JMI organizing this two day national seminar to take a part in the celebration of Azadi Ka Amrit Mohatsav (AKAM) initiative of Government of India (GoI). The GoI initiated AKAM to commemorate 75 years of progressive independent India and the glorious history of its people, culture and achievements. As organizers, we believe that India is 'Vishva Guru' as far as teaching of yoga is concerned. Yoga is a practice rooted in the ancient Indian ethos, which was comprehensively structured by Maharishi Patañjali in the form of the eight yogic limbs or Ashtānga Yoga. Yogic practices can serve as one of the most powerful ways to preserve, promote and manage our glory, enabling us to live a happy and enriched life. Yoga has every potential to contribute significantly for counting India as Vishva Guru. If anyone practice yoga in its actual sense then that person can become a true human being and can contribute in realizing the fact that India is a Vishva Guru in field of yoga and yoga education.

This seminar will bring together yoga practitioners, researchers and educators from the country who are engaged in practicing yoga, physical activity and sports activities in any capacity. Further, the seminar goal is to provide a forum to all the yoga aspirants, yoga experts, yoga educators, physical educators, independent researchers to come together, for sharing their views and experience with the masses. At the same time budding researchers and scholars will get an avenue to present their research findings before audience from across the nation. Thus, this seminar is conceptualized to initiate a futuristic debate and discussion that yoga which is one of the oldest practices in the entire world originated and propagated in our beloved India have every potential to reclaim our supremacy in the world, and can pave the way to reinforce future deliberation and discussion in this direction. To achieve the objective of the seminar following sub-themes are identified for detailed discussion and deliberations.

Sub-Themes

- Origin and history of yoga and its concepts
- Elements of yoga and yoga education
- Yoga in different philosophies
- Spiritual approach to Yoga
- Performance and excellence through yoga
- Human transformation and yoga
- The interrelation between yoga and Indian languages
- Yoga vis-à-vis other mindfulness and contemplative practices and traditions
- Yoga for intrapersonal and interpersonal conflict resolution
- Yoga and personality change and development
- The impact of various yogic traditions and lineages in promoting global peace and harmony
- Yoga as a tool for developing emotional, mental, and social skills in school children
- Yoga for the health of differently-abled people and those with special needs
- Yoga and mental health in the context of the COVID-19 pandemic
- Online yoga and mental health
- The psychology of yogic practice for sustainable global development
- Attitude formation through Yoga
- Current evidence of the clinical effects of yoga
- Yoga's paths to enlightenment
- Beneficial impact of spiritual cleansing and meditative yoga exercise on an individual's physical and mental health
- Attitude of modern people to yoga
- Practice of yoga and its positive effects on the body and soul

Call for Papers

Presentations on theoretical and methodological aspects of identified themes on related areas as well as case studies are welcomed. The participants are requested to send their abstracts (not exceeding 500 words) with 4 or 5 keywords latest by 31st December, 2022, and after intimation of acceptance, full papers for publication in the edited book (with ISBN) latest by 31st January, 2023. The submitted papers will be reviewed by the expert committee. Only recommended papers will be considered for publication in the edited book (with ISBN) by reputed publishers. Abstracts and papers both should be sent to: bharat.yogaeducation@gmail.com

Abstract Submission Guidelines

- Abstracts must be written in Times New Roman, 12 font size and 1.5 spacing without insertion of any special symbol, formula, diagram, table, or reference.
- The sequence of the abstracts be:
 - Title in running text
 - Authors name
 - Affiliation and Address
 - Email id and mobile
 - Abstract body
 - Key words
- Abstract titles should be clear and concise.
- Full names, affiliations, and emails of all authors should be included.
- Abstract should be clearly indicate the research problem, the methodology and results of the work within 500 words.
- All abstract will be reviewed by the Expert Committee and may be sent back for revision, if required.
- Decisions regarding acceptance will be intimated before 31st January, 2023. However, persons attending the Seminar without abstracts can be directly proceed for registration.

Registration Fee

Faculty Members : Rs. 1500
Research Scholars/Students : Rs. 1000

Bank Details for Online Registration Fee

Beneficiary Name	JMI-Seminar and Symposium
Name of Bank	Indian Bank
Branch	Jamia Millia Islamia
Branch Code	01622
Saving Bank A/c No.	6767690486
IFSC - CODE	IDIB000J029
MICR - CODE	110019041
Address	Gate No. 4, JMI, Moulana Mohd. Ali Jauhar Marg, Jamia Nagar, New Delhi – 110025.

Note: The registration fee should either be paid through NET Banking on the given bank details, or sent in the form of Demand Draft (DD) drawn in favour of the Registrar, Jamia Millia Islamia, payable at New Delhi. The demand draft should be sent to the Treasurer (Dr. Savita Kaushal), Department of Teacher Training and Non-formal Education, Faculty of Education, Jamia Millia Islamia, New Delhi – 110025.

Please Register Using Following Link



<https://forms.gle/s4Qd7fzZG5CUW7gp7>

Important Dates

Last Date for Abstract Submission	:	31 st December, 2022
Notification of Acceptance of Abstract	:	5 th January, 2023
Last Date of Online Registration	:	31 st January, 2023
Deadline for Full-length Paper Submission	:	31 st January, 2023

Please Contact for any Query

Dr. Arif Mohammad

Seminar Convener

Email: bharat.yogaeducation@gmail.com

Mobile: +91-9795959585, +91-8766372849

About Jamia Millia Islamia

Jamia Millia Islamia came into existence at Aligarh in 1920 (later moved to Delhi in 1925) during the Khilafat and Non-cooperation movement in the response to Gandhiji's call to boycott government supported educational institutions. Today Jamia Millia Islamia is ranked at 3rd position in the country amongst universities in NIRF 2022 rankings issued by the Ministry of Education, Govt of India. It was accredited with the highest grade of 'A++' by the NAAC, Ministry of Education in the second cycle of assessment in 2021. The university has also been consistently ranked amongst leading universities in the world by the renowned international ranking agencies as a comprehensive research-intensive institution. The university has received the prestigious "Research award of President of India" twice and many of its students are recipients of Prime Minister's research fellowship. The university recognizes both teaching and research as areas of focus.

JMI is an ensemble of a multi-layered educational system which covers all aspects of schooling, under-graduate, post-graduate, Ph.D. and post-doctoral education. With 10 faculties of learning, 40 teaching and research departments, over 30 centers of learning and research, 190 courses, approximately 800 faculty members and more than 20000 students.

About the Department

The Department of Teacher Training & Non-Formal Education was established as a Teacher Training Institute in 1938 under the inspiring leadership of Dr. Zakir Husain in response to the need to prepare teachers for the Basic Education Scheme launched by Mahatma Gandhi in 1937. This Teacher Training Institute (TTI) was perhaps the first of its kind in the country to have started training of teachers for Basic schools which were offering crafts centered indigenous education to children. The TTI gradually expanded its activities and got developed into Teachers' College.

The Department of Teacher Training & Non-Formal Education of the JMI was the first institution in the country to have been upgraded to Institute of Advanced Studies in Education (IASE) in 1988. This upgradation had accorded due recognition to the past services and contributions made by the Department to the cause of teacher education and had expressed the faith of the Government in the progressive traditions of this historic institution. The purpose of upgradation is to develop the institution into a Centre of excellence in teaching and research. The broad functions of the Institute are: imparting pre-service and in-service

education to the secondary/special education/elementary/nursery school teachers; preparing personnel for elementary teacher education institutions and their continuing education; developing and publishing for dissemination useful material for teachers and teacher-educators; and undertaking research, innovation and extension work in the field. The Institute had been carrying out most of these functions even before its upgradation as an IASE except that now there is an enhanced emphasis on continuing education. The Institute publishes quality material produced by its faculty for use by the classroom practitioners. Department of Teacher Training & Non-formal Education (Institute of Advanced studies in Education) is a comprehensive Teacher Education Institution which offers all Teacher Education course from Diploma to Ph.D.

How to Reach Department

<https://goo.gl/maps/YJZ7pR1zkht85wZh6>



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