

Abstract (submitted after Ph.d Viva)

Topic: a cross-sectional study of associations of physical aggression and relational aggression with self-esteem

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This research work is about the aggression among adolescents and young adults belonging to south delhi. The study is cross sectional and carried on three groups (secondary school students, senior secondary school students and undergraduate students) at the same time. Following were the objectives of the study:

- To compare relational aggression of students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To compare physical aggression of students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To compare Self-esteem of students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To study the relationship of Relational aggression with self-esteem in students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To study the relationship of Physical aggression with self-esteem in students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To study the relationship of Relational aggression and Physical aggression in students studying in Secondary school, Senior secondary school and Undergraduate courses and in Whole sample.
- To study the contribution of self-esteem and its dimension in prediction of relational aggression among students studying in Secondary school, Senior secondary school and Undergraduate courses.
- To study the contribution of self-esteem and its dimension in prediction of physical aggression among students studying in Secondary school, Senior secondary school and Undergraduate courses.

Research was conducted on 600 students (200 secondary school, 200 senior secondary school and 200 undergraduate). Researcher had used the adopted version of Buss and Perry aggression questionnaire and Dellasega and Nixon RA Quotient for measuring physical aggression and

relational aggression respectively. Researcher had developed a self-esteem scale for assessing self-esteem.

Analysis: Quantitative analysis

Findings: undergraduate students were found to have high level of relational aggression, physical aggression and global self-esteem than secondary and senior secondary school students. Significant negative correlation was found between physical aggression and self-esteem. Relational aggression was also significantly correlated with self-esteem in inverse manure. Physical aggression and relational aggression were found to have positive correlation.

Dimensions: Personal integrity, academic competence, peer acceptance, self-criticism, self-acceptance, social competence, self-defensive enhancement and likability were found to be a predictor of relational aggression. Dimensions: physical appearance, academic competence, leadership ability, self-alienation academic competence, peer acceptance, living purposefully and self-assertiveness were found to be a predictor of physical aggression.