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Abstract

B.Ed. is not only the degree and certificate that are important to get the job but the behavior and character of the person are essential for teaching. To behave in this way the teacher must have a self-concept that prompts him to understand professional and personal life, only then he will be able to express his feelings at the right time, in the right way, and the right amount. The study is descriptive-analytical in nature with dependent variable: Self Concept and independent variable: Mental Hygiene, Adjustment, and Aspiration Level. The purposive sampling technique is used for the study. A sample of 360 B.Ed. students from Chaudhary Ranbir Singh University, Jind affiliated 12 colleges in Faridabad and Palwal districts were selected. In this study, a self-concept scale was developed and standardized by the researcher, Adjustment Inventory for College Students (2012) by Prof A.K.P. Sinha and Prof R.P. Singh, Level of Aspiration Measurement (2012) by Dr. Mahesh Bhargava and Late Prof. M.A. Shah, Mental Hygiene Inventory (2006) by Dr. Dilip Bhatt and Gita R. Gida. The Product moment co-efficient of correlation (inter-correlation, partial correlation) was used to obtain the nature and extent of the relationship between self-concept, mental hygiene, adjustment, and aspiration level of B.Ed. students. Major Findings: The investigator found that there is a positive and significant relationship between Self Concept and Mental Hygiene, Self Concept and Adjustment, Mental Hygiene and the Aspiration Level, Mental Hygiene and

Adjustment, Mental Hygiene and the Aspiration Level, Adjustment and Aspiration Level of B.Ed. Students. There is a positive and significant correlation between Self Concept and Mental Hygiene when the effect of Adjustment and Aspiration Level of B.Ed. students is partialled out, there is a positive and significant correlation between Self Concept and Adjustment when the effect of Mental Hygiene and Aspiration Level of B.Ed. students is partialled out, there is a positive correlation between Self Concept and Aspiration Level when the effect of Adjustment and Mental Hygiene of B.Ed. students is partialled out, there is a significant joint contribution of Mental Hygiene, Adjustment and Level of Aspiration in predicting self-concept of B.Ed. Students. Mental hygiene is found best predictor for the self-concept of the students in comparison to their adjustment whereas aspiration level (GDS & ADS) were positively significant. Mental Hygiene, Adjustment is found significant predictor but Aspiration Level is found positively predictor as an individual contribution for predicting self-concept of B.Ed. Students.

When enrolling in a teacher education program, students are frequently required to display the perceived role and duties for encouraging student learning and supervising classrooms as a successful teacher. A teacher is a role model not only for the students in the classroom but for the entire community. Positive aspiration is valuable for the success in the future of B.Ed. students as it motivates the students to put extra effort. When B.Ed. students are excited about their future job, which generates good energy and encourages them to work hard. In the development of a B.Ed. student's existence, aspirations are developed, but they would be influenced by activities and the circumstances. The key to success is to be prepared when your chance arises!' The time has arrived for Indian teachers to grasp the opportunity and take control of their own future. To do this, stay positive and work hard to make your goals a reality.