

# ATHLETES REQUIRED



**FOR THE SCIENTIFIC RESEARCH ON KINESIOTAPING ON CALF MUSCLE FOR VARIOUS FACTORS LIKE STRENGTH, FATIGUE, JUMP. COME EXPERIENCE THE BENEFITS OF TAPING WITH US**

Benefits of taping : Reduce

Pain

Swelling

Scar tissue

Muscle activity

Improves

Healing

Posture

Muscle contraction

Nerve receptor

**GET BENEFITS  
OF  
TAPING**



**GRAB THE  
OPPORTUNITY**

## CONTACT US

Swati Anthwal, MPT Sports

+91 74559 38541

Dr. Saurabh Sharma (PT), Associate Professor

+91-9899214134, Centre for Physiotherapy and

Rehabilitation sciences, JMI

**ATHLETES NEEDED TO VOLUNTEER**

## **CORE TRAINING**

# **Scientific Research Programme**

*Build a Stronger, More Stable Core Today!  
Other than the traditional Method !*



### **Benefits:**

**Get your core training done.**

**Get your Strength assessed.**

**Get an insight into the level of activation of your core**

### **INTERESTED PARTICIPANT:**

**Centre For Physiotherapy & Rehabilitation  
Sciences ,Gate No. 8 , Jamia Millia  
Islamia ,New Delhi-110025**

**Contact Person : Mansi Dixit  
(MPT-SPORTS) 9811898426**

**Dr. Saurabh Sharma ( Associate  
Professor ) ; 9899214134**