

JAMIA MILLIA ISLAMIA
DEPARTMENT OF PSYCHOLOGY



PLACEMENT BROCHURE

B.A. HONOURS IN PSYCHOLOGY

(2021- 2024)





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DEPARTMENT OF PSYCHOLOGY

MISSION

To create a brilliant future for the university in which the students and the faculty of the Department of Psychology contribute to the implementation of best teaching practices and research standards. To meet this end, the following would be the focus:

1. To embrace participatory, experiential, discursive and student-centric practices.
2. To bridge the gap between theoretical knowledge and practical application of the discipline in emerging thrust areas of psychology.
3. To establish state of the art laboratories and other facilities in the thrust areas of health and well-being, at par with other scientific institutions
4. To focus on inter-disciplinary/multi disciplinary research in applied areas of social, clinical and health.
5. To design and develop short-term skill-based innovative programs/modules for psycho-social empowerment of the weaker and minority sections of the society, especially women and children.

VISION

The Department of Psychology strives to create a knowledge base in specific applied areas such as Clinical, Health, Counseling, Social and Organizational Psychology.

Viewing the wide scope of the discipline, the department intends to ensure cent percent placement of the students by providing high quality of education and professional training to students, empowering and equipping them to serve the community and society at large.

The programs and activities of the department help the students to develop their intellect and maximize their human potential.

The thrust of academic programs ignite the young minds with critical thoughts that go a long way in helping them meet lifelong challenges with responsibility while at the same time pursuing excellence in all spheres of their life.

MESSAGE

FROM THE OFFICIATING VICE CHANCELLOR

I am pleased to introduce to you the outgoing batch of students of M.A Applied Psychology and B.A. (Hons) Psychology. Jamia Millia Islamia, is a Central University with a NAAC accreditation of A++ grading as well as the holder of 3rd position in the NIRF rankings under University category.

Jamia Millia Islamia has become an ensemble of a multilayered educational system which covers all aspects of schooling, undergraduate, post-graduate, M.Phil/ Ph.D and post-doctoral education. With 11 faculties of learning, 48 teaching and research departments and over 29 centres of learning and research, we attract brightest young minds from all over the country.

The Department of Psychology since its inception in 1986 has made strides in inculcating immense passion among students for the discipline. It is translating their theoretical knowledge into practical usage in diverse areas, such as clinical, social, organizational and health amongst others.

Various courses offered by the Department such as B.A. Honours, B.A. programme, M.A. Applied Psychology, Advanced Diploma in Counseling Psychology and Ph.D. emphasize the importance and relevance of mental health and psychological well-being of people. The focus on practicum and field training in all courses enable students to apply their theoretical learning and also gain experience from real life settings. Research is an important part of the syllabi wherein students undertake dissertations and projects to hone their research skills.



Our students are ready to enter into the job arena, armed with both the knowledge and the skills required in the field of applied psychology. I invite you to please come over to the University and the Department to screen and recruit potential students from the Department of Psychology. I am confident that these students would prove to be an invaluable asset to your organization.

I look forward to a favourable response from your side.

MESSAGE

FROM THE DEAN, FACULTY OF SOCIAL SCIENCES

The Department of Psychology, Jamia Millia Islamia, New Delhi offers varied courses that are much sought after by students. The M.A. Applied Psychology and B.A. Psychology (Hons) are rigorous and comprehensive courses aimed at developing socially aware, competent, and skilled individuals. With a competent faculty, students are ensured that they are equipped with the knowledge and skills required for them to enter different professions.

The application of theoretical knowledge and acquisition of experiential learning are made possible by the focus on practicum and field training at both the postgraduate and undergraduate courses. Research skills are honed through mandated dissertations that enable students at the M.A. and B.A (Hons) programs to explore, explain and describe issues and areas of interests within the discipline that have real life implications. The increasing demand for mental health professionals and counselors in diverse areas of life including the world of work attest to the relevance of the courses offered by the department.



At the faculty level, I welcome recruiters and am sure that the students of the department of psychology would render themselves invaluable in their service to any organization or institution they are placed in. My best wishes to students of the department of psychology as they tread new paths that pave their way to them becoming professionals.

A handwritten signature in black ink, appearing to read 'M. J. Islam'.

MESSAGE

FROM THE HEAD OF THE DEPARTMENT

I am extremely delighted and proud to present before you the outgoing batch of the students of M.A in Applied Psychology as well as those of B.A (Hons) Psychology. These students would be completing their degree in the coming few months and are now looking for exciting and challenging job avenues and options. Our highly qualified and committed faculty have put in immense efforts to provide the students with the latest in academic knowledge and practice wisdom.

Students of M.A. Applied Psychology undergo an intensive course spread over two years and four semesters. The course structure is provided later in the brochure. One of the key features of the MA course are the two specialisations, that we offer, in clinical psychology as well as in organizational behaviour. These students also undergo an intensive field experience to expose them to the latest developments in the field. Additionally, all students are expected to write a dissertation as part of the course.

Students of B A (Hons) also undergo a rigorous and exhaustive course spread over three years, six semesters. The key feature of the B A (Hons) course is that the students also undergo a minor concentration in the form of additional social science disciplines like sociology or political science etc.

These students also undertake internships in reputed organisations to learn practical skills. Students of B A also complete an academic project as part of their course. As you can see, our students are very well prepared with the latest in academic developments alongwith an intensive exposure to the field through placements. We have tried hard to make them job ready and are confident that they are willing and quick learners who can adjust to all kinds of environments.



I invite your organization to kindly come over to interact with our students and recruit them for potential positions in your esteemed organization. I request you to kindly go through the attached brochure to have a better idea of the course and the profile of the students. Dr Korsi D. Kharshiing, Associate Professor and Placement Coordinator shall be in touch with you to work out the details, etc.

I look forward to a positive response from your side.

MESSAGE

FROM THE PLACEMENT COORDINATOR

A warm greeting to you from the Placement Cell of the Department of Psychology, Jamia Millia Islamia, New Delhi. I consider it an honor to convey that our students from B.A. Honors in Psychology and M.A. Applied Psychology are equipped to enter the world of work. The rigorous coursework in varied areas of clinical psychology, counselling psychology, organizational behavior and health psychology among others have enabled our students to understand human behavior in diverse aspects of life. The mandatory dissertations and projects encourage students to utilize their research skills and engage in critical thinking to understand practical problems in day-to-day life.

Emphasis on internships enable students to translate theoretical knowledge to real life settings in the field. Practicum courses aid students in understanding phenomena through experiments and the range of human behavior through psychological assessment.

Regular student-centric activities that encompass extension lectures/talks, seminars, psychology events such as the students' festival, sports day, observation of World Mental Health Day, industry-academia interface, among others encourage students to participate, update, discuss, and engage in discourse in the discipline. Armed with this enriched course curriculum, our students are ready to enter the workforce and be responsible employees and citizens.



I believe that our students are skilled and have immense potential to contribute to organizations and institutions.

We welcome organizations, institutes, and other agencies to peruse the brochure. We look forward to a partnership of your organization or institution with students from our department.

Kokhareshing



ABOUT JAMIA MILLIA ISLAMIA

Jamia Millia Islamia had humble beginnings in Aligarh, United Provinces (present-day Uttar Pradesh) during the British rule of India. The university was moved to its current location in southeast Delhi in 1935 and became a central university in December 1988. In literary terms, the university's name Jamia Millia Islamia translates to "Islamic National University". The university was founded by eminent Muslim scholars and activists including Shaikhul Hind Maulana Mahmud Hasan, Maulana Muhammad Ali Jauhar, Hakim Ajmal Khan, Dr Mukhtar Ahmad Ansari, Dr Zakir Hussain, and Abdul Majeed Khwaja, and supported by personalities like Mahatma Gandhi.

In December 2021, the university received an 'A++' ranking by National Assessment and Accreditation Council.

ABOUT THE DEPARTMENT OF PSYCHOLOGY

The Department of Psychology was established as an independent department in 1986. The introduction of various teaching programmes in psychology started in phases with B.A. in 1981, Ph.D. in 1984, B.A. Honors in 1985, M.A. Applied Psychology in 1989, and Advanced Diploma in Counseling Psychology that was initiated in 2001.

Faculty members in the department teach and research in specialization areas of organizational, social, clinical, and counseling in psychology. Activities of the department have been recognized at both national and international levels. A Bachelor of Arts in Psychology (Honours) is one of the sought after courses at Jamia Millia Islamia and it attracts students from all over the country and from overseas.



COURSE STRUCTURE

The Bachelor of Arts (Hons.) program in Psychology at JMI spans three years and is meticulously crafted to provide students with a comprehensive understanding of psychological principles and practical skills essential for their professional journey.

Year 1: Foundation

Students establish a solid foundation in psychology, exploring fundamental concepts in courses such as Basic Psychological Processes and Human Development. Hands-on learning experiences in experimental settings lay the groundwork for further exploration.

Year 2: Exploration and Specialization

Building upon foundational knowledge, students delve into advanced topics in psychology like that of the clinical and social domain paired with a better understanding of the various systems of psychology alongside practicals. The students undergo a two-month long internship at organizations based on their desired area of interest-- clinical, counseling and organizational.

Year 3: In-depth Research-Centered Understanding

The final year emphasizes professional skill development and research experience. Students engage in topics like Organizational Behaviour and Counseling and Guidance, Research Methods, Statistics culminating in a mandatory and rigorous Research Project based on their topics of interest.

PEDAGOGY

1. FIELDWORK EXPERIENCE
2. DIVERSE APPROACH TO SUBJECT MATTER
3. EXPERTISE IN PSYCHOLOGICAL ASSESSMENT AND
4. STATISTICAL ANALYSIS
5. MINOR PROJECT

COURSE COMPONENTS

Semester-I

- Basic Psychological Processes
- Human Development
- Practicum – Experiments I

Semester-II

- Cognitive Processes
- Life Span Development
- Practicum – Experiments II

Semester-III

- Social Psychology
- Biological Basis of Behavior
- Practicum – Psychological Testing I

Semester-IV

- Applied Social Psychology
- System of Psychology
- Practicum – Psychological Testing II

Semester-V

- Abnormal Psychology
- Personnel Psychology
- Research Methods
- Statistics
- Counseling and Guidance
- Field training/Internship

Semester-VI

- Health Psychology
- Psychopathology
- Organizational Behaviour
- Test and Measurement
- Minor Research Project

COURSE TRANSACTIONS



INTERNSHIP

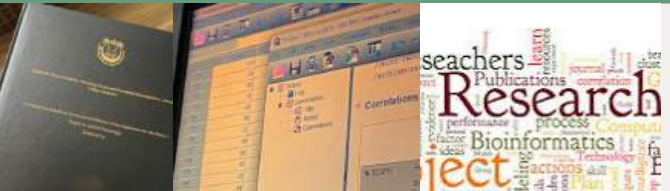
On the 16th of April, 2024, an Orientation for Internship/Field Training was organised in Lab II, Department of Psychology, JMI. This was aimed to equip BA (Semester IV) students with insights into the forthcoming internship process. The orientation acquainted students with the internship framework, elucidating the vital role it plays in bridging theoretical knowledge with practical application. Students were guided through the various branches of internships, including clinical, counseling, and organizational psychology, highlighting the diverse avenues awaiting exploration. Resource persons such as Prof. M.G. Shahnawaz and Ms Sumaiya Khan shared their insights into what this aspect of the course curriculum offered. Internship enabled students to apply their theoretical understanding of the discipline in varied social settings.



RESEARCH PROJECT

The research project is a crucial component of the B.A (Hons.) Psychology course offered at Jamia Millia Islamia University. It is an exercise made mandatory for the final year Bachelors' students so as to enable them to assimilate their theoretical knowledge, research and subject-specific skills. The students are given the liberty to choose a topic from a wide array of themes related to their subject-specific specialization.

Students research under a faculty member who facilitates the research process by providing direction and guidance on how to prepare, produce and write the dissertation. Students follow the standards of ethical and professional conduct required of psychologists as per the guidelines of the American Psychological Association (APA) .



INTERNSHIP

Students were placed during their summer internship in various agencies such as:

Recruitment and Assessment Centre - Defence Research Development Organization, Indian oil Pvt. Ltd. Council of Scientific and Industrial Research - Central Drug Research Institute, Saalam Balak Trust, Holy Family Hospital, Cheshire Home, Louis Mount Mental Hospital, Potentials, Shaurya Centre, Fortis Hospital Noida, Child Rights and You (CRY), Sri Ganga Ram Hospital, Lady Hardinge Medical College, Vidyasagar Institute of Mental Health and Neurosciences, Moolchand Hospital, Cosmos Institute of Mental Health and Behavioral Sciences (CIMBS), and Max Hospital.

PRACTICAL CLASSES

The practical applications of psychology are diverse. This emphasis on practical learning is evident in the practical classes.

Learning takes place in two groups under different teachers. This facilitates one-to-one interaction between students and teachers and ease of interaction between group members. Experiments on memory, emotion, cognition, etc., are undertaken. Similarly, psychological tests on intelligence, personality, etc., are administered.

The application of computers is studied practically in classes wherein students are acquainted with SPSS packages and higher order statistics. Such learning facilitate students in their research work.





ACTIVITIES ORGANISED



World Mental Health Day Celebration on 10 October 2023

The World Mental Health Day celebration at the Psychology Department at Jamia Millia Islamia aimed to raise awareness about mental health issues and promote discussions surrounding the intersection of mental health and human rights, stigma, and discrimination. The event featured a panel discussion, film screenings, cultural performances, and the announcement of winners.

The event underscored the importance of raising awareness about mental health and fostering an inclusive society that supports individuals dealing with mental health challenges.



Department of Psychology celebrates 103rd Foundation Day



On the occasion of Jamia Millia Islamia's 103rd Foundation Day, the Department of Psychology organised a vibrant event with several interesting activities. The department members enthusiastically adhered to the colour code of white and red and had multiple activities organised for the students of the University.

These activities included Pro Bono Counselling which many students took advantage of, students who could not afford therapy or wanted to try counselling for the first time benefitted from the brief counselling conducted by the Counseling and Clinical psychologists of the department. The stalls included free-of-cost Psychological Assessments which measured Student Stress levels, Life Satisfaction, Anger Management, Gratitude and Mental well-being that led to the insight for the test takers to take better care of their Mental Health.

We had a therapeutic Mandala stall and a buzzer game that checked the participants' concentration power and acute motor dexterity while being a fun activity. Students from various departments enthusiastically enjoyed our stalls. Lastly, we also had a Wall of Expressions for people to share the burdens of their hearts anonymously.



Lectures and Sessions



On 5th October 2023, the department of psychology, Jamia Millia Islamia organised a workshop on **Creative Art Therapies** as part of their ongoing Mental Health Week celebrations. The workshop was delivered by Ms. Radhika Goel, a counselling psychologist, a movement therapy facilitator and the founder and CEO of Lighthouse Life Collective. The workshop provided an opportunity for the students to explore a new field of career. Ms. Goel introduced the students to the various types of Expressive Art therapies, bust prevailing myths in the field and acquainted the students with the process and details involved in Creative Arts therapies.



Organised by the Department of Psychology, JMI the lecture on **'Psychology of Time: Before, After, and In-Between'** illuminated new perspectives on time. Dr. Sircova, a seasoned Clinical Psychologist from Copenhagen, delved into this intriguing phenomenon of time perspective - cognitive orientation toward the past, present, and future.

This psychological concept helps understand how individuals interpret and respond to situations based on their temporal orientation, impacting decision-making, goal-setting, and overall well-being



A day-long workshop was organised by the Placement Cell of the Department of Psychology focusing on **"Industry-Academia Interface"** on 26 February 2024. Expert professionals working in the area of Clinical, Organizational and Counselling psychology were invited to talk about the career opportunities in their respective fields. Through this workshop, students were able to get a clear understanding of the nature and scope of the diverse areas in psychology and were educated on the skills required to undertake various job roles.

Online lectures are organized to acquaint the students with current developments taking place in the field of psychology. One such lecture was delivered on 6th March 2024 by Guest speaker Prof. Nicolas Fieulaine, an Associate Professor at the University of Lyon, France on the theme **"Deepening time research to make theories practical"**.



The Annual Fest- Riwayat '23

The Annual Fest of the Department of Psychology is named "Riwayat" the most anticipated event of students, professors and visitors alike. This celebration which spans over two days is filled to the brim with exciting games, activities, food and an overall appreciation for the department and the discipline which we have decided to study. The fest is exclusively student-operated- from the decorations to the stalls and overall organization and management. It continues to be a testament to the will and dedication of the students to make an effort to spread awareness and knowledge about what they believe matters and within it, incorporate their creative potential.



The DAY-1 festivities began with the inaugural ceremony conducted by the HoD of the Department of Psychology and the Dean of the Faculty of Social Sciences. It was followed by a talk given by our guest speaker of the day- Ms Ananya Panth, a researcher at AIIMS, a Psychologist, and a content creator on the topic: "Being a psychotherapist and researcher in the Indian context". This talk was followed up by an interdisciplinary panel discussion which highlighted various topics. These events were simultaneously complimented by the various stalls set up by the students which offered a variety of exciting games, events, and a multitude of saleable goods. there were also stations which offered face painting and hair braiding services. And of course, the highlight of the event was the different cuisines on display courtesy of the diverse pool of students engaged. The day ended with a Mental Health Forum where psychologists and researchers addressed anonymous concerns and common worries.





DAY-II festivities carried the momentum forward starting with an impromptu session where we interacted with the crowd to find out what the youth thinks about. This was followed by a session with our DAY-II Guest speaker, Mr Arjun Gupta who is a writer and a counselling psychologist with a penchant for humour who enlightened us on the importance of research ethics and practice. After the thought-evoking talk, the activities that followed were filled with intensity and vigour. the cultural segment included various dance performances by the students along with great music. The second day too was packed with different flavours of the country refreshing the tastebuds of students and professors alike.



Annual Sports Meet

The Sports Meet is held annually by the Department of Psychology, Jamia Millia Islamia, at Nawab Mansur Ali Khan Pataudi Sports Complex. Students from different batches of the department compete against each other in various sports. In 2023 and 2024, students' sporting skills and team spirit were evident through diverse games.

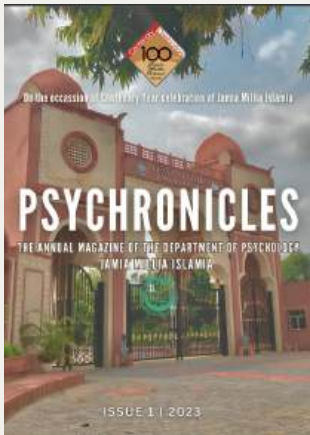
The organization and management of the Sports Day are carried out by the students under the Subject Association. The whole day is spent on the field, competing in games such as badminton, basketball, and various sprint races, including relay, lemon-spoon race, and short-distance running. Other events include tennis, football, and the much-anticipated tug of war, which invokes students' competitive spirit. In addition, the Sports Meet helps students hone their organizational skills and encourages camaraderie between students and faculty. The day concludes with the distribution of prizes to the winners.



Annual E-Magazine: Psychonicles

We are delighted to introduce the first issue of 'Psychonicles', the annual magazine of the Department of Psychology, Jamia Millia Islamia. This publication marks the beginning of a new tradition and is a testament to the visionary spirit and creative genius of our students.

Psychonicles is envisioned as a vibrant platform for our undergraduate and postgraduate students to showcase their talents, passions, and intellectual pursuits. Within it, you will discover a tapestry of thought-provoking articles, captivating poetry and prose, and insightful research on psychology, mental health, and various related topics. This edition of the magazine embodies the diverse interests and perspectives of our students, reflecting their unwavering dedication to understanding and enhancing the human mind and behaviour.





PROFILE OF THE FACULTY





PROF. SHEEMA ALEEM **HEAD OF DEPARTMENT**

Dr Sheema Aleem is presently a Professor and Head of the Department of Psychology at Jamia Millia Islamia, New Delhi. Prof Sheema Aleem has more than 22 years of experience in teaching, research and extension activities. She has published 7 books, around 70 papers in reputed journals and more than 10 chapters in edited books. She has successfully guided 14 research scholars for their Ph D degrees. She has successfully completed research projects, the latest being a Shastri Institutional Research Grant with University of Calgary, Canada. Her special research interests include clinical psychology, personality psychology and positive psychology.

PROF. NAVED IQBAL

Prof. Naved Iqbal has 30 years of teaching experience, published 90 research papers in national/international journals, 10 articles in edited books, edited 3 books, and supervised 23 Ph.D. scholars. His interests are in clinical and health psychology. He secured various international research projects including Indo-Canadian (Shastri Research Grant, SRG- 2017-18), Indo-German (UGC-DAAD, PPP-2018-19) research project, the Global Challenges Research Fund (GCRF) visiting fellowship- 2019 at the University of Leicester (UK), the “Directors of Associated Studies” (DEA) program-2021 awarded by the International Foundation of the House of Human Sciences, France and the “Invitational Fellowship for Research in Japan-2024” awarded by the Japan Society for the Promotion of Science (JSPS). He was a visiting professor at the Institute of Psychology, Cardinal Stefan Wyszyński University in Warsaw, Poland, in 2023. He is a member of an International Professional group pivotal in establishing a chair in UNESCO on child maltreatment in 2022. Prof. Iqbal is an Honorary Principal Fellow at the Center of Wellbeing Science at the University of Melbourne, Australia, since April 27, 2022.



PROF. MOHAMMAD GHAZI SHAHNAWAZ

Prof. Md. Ghazi Shahnawaz has 30 years of teaching and research experience. He has published 70 research articles in reputed international and national journals and has supervised 15 Ph.Ds. He has completed two major research projects on psychological capital sponsored by ICSSR, Ministry of Education, India. He has also completed an international collaborative project (UGC-UKIERI scheme) as Co-PI. He is currently collaborating as a co-PI on a major project sponsored by ICSSR. Prof Ghazi works mainly in the areas of health psychology, positive psychology at work, psychology of LIEM populations, and the impact of smartphones/new technologies on people's lives.



PROF. AKBAR HUSAIN

Prof. Akbar Hussain is presently the Hony. Director of the University Counseling and Guidance Centre, Jamia Millia Islamia and is former Head of the Department of Psychology, Jamia Millia Islamia. He has more than 23 years of teaching experience and has successfully supervised 12 Ph.Ds, and presently has 3 doctoral scholars under his supervision. Prof. Akbar has 50 research articles published in various journals spanning multiple domains, and 1 book publication, titled 'Experiments in Psychology'.



PROF. SUSHMA SURI

Prof. Sushma Suri has over 25 years of teaching and research experience in social, health and counseling psychology. She has multiple publications in reputed journals, is an author of numerous books and presented more than 50 papers in conferences held in India and overseas. She has supervised 10 Ph.Ds. She is the recipient of the Young Scholar Award by the International Association of Cross-Cultural Psychology and the Advanced Research and Training Award awarded by the University of Saarland, Germany. She has completed an ICSSR research project and is currently collaborating with Multidisciplinary Centre for Advance Research and Studies, JMI and Morarji Desai National Institute of Yoga (MDNIY) on a DST sponsored research project.

PROF. SAMINA BANO

Prof. Samina Bano has more than 20 years of experience of teaching, research and corporate work. She has published more than 25 research papers, 1 book, 3 edited books, 6 book chapters and supervised 4 Ph.Ds. She has delivered more than 30 invited lectures and presented 40 research papers in national and international conferences. She is an Academic Counsellor of RCA, Jamia for UPSC aspirants. She has been an expert member of NCERT, DIPR, DRDO, IILM University and Delhi Skill Entrepreneurship University. Her current research interest is in social connectedness and belongingness.



DR. KORSI DORENE KHARSHIING

Dr. Korsi Dorene Kharshiing is an Associate Professor with over 17 years of teaching experience. She has published 15 research papers and several articles in edited books. She is presently supervising four Ph.D. scholars. Her research interests are on issues of identity, gender, intergroup relations, health and mental health.



DR. MEENA OSMANY

Dr. Meena Osmany is an Associate Professor with 12 years of teaching experience. She has published 18 research papers, several articles in edited books and has supervised 5 Ph.Ds. She was a visiting Research Fellow at the Department of Psychology, Open University,U.K and a co- principal investigator for UGC- UKIERI, ICSSR & DST projects. Her area of interest lies in organizational behavior, health, positive and social psychology.



DR. ABID HUSSAIN

Dr. Abid Hussain is an Assistant Professor with over 8years of teaching, research and counseling experience and has supervised 2 Ph.Ds. He was Academic Coordinator/Assistant Director in the CDOL, JMI for 5 years. He regularly participates in national and international conferences, camps and in the international leadership training programs in different countries. He has published 8 research papers, and has been involved in 7 research projects out of which 4 were funded by CSR-CD. He is also presently the Assistant Dean of Student Welfare and the program officer at the university's NSS and Coordinator of Swachh Bharat Mission, JMI Govt.of India scheme.



DR. SAIFUR REHMAN FAROOQI

Dr. Saifur Rehman Farooqi is an Assistant Professor, with over 10 years of teaching experience. He has published a number of papers in international and national journals, and also published 10 modules for IGNOU. He is also a TEDx speaker, podcaster, and blogger. His areas of interests are social and interpersonal relationships, individual differences, beliefs and ideologies, social media, critical thinking, and history and philosophy of psychology.



BACHELOR OF ARTS IN PSYCHOLOGY (HONS). BATCH OF 2021-2024



STUDENTS' PROFILE (2021-24)

AREEBA SHAKEB

Internship: Synapses Neuropsychiatry Clinic, UNAI MCN, Aligarh LitFest
Research Project: Unveiling the link between SES and Social Anxiety among Migrant Students in Delhi-NCR: Social Connectedness as a Mediator

ABDULLA SARFRAZ K

Internship: Astha India
Research Project: Academic stress and mental well-being of students pursuing MBBS degree

AYERA TARIQ

Internship: Moolchand Hospital
Research Project: Investigation into the Parent-Child Relationship and Its Impact on the Self-Concept of Young Adults

SANIA REHMAN

Internship: Myndkare
Research Project: Exploring Body Image Satisfaction and Self Esteem among Young Adults

VARISHA ABDULLAH

Internship: Synapses Neuropsychiatry Clinic
Research Project: A Study on Self-esteem and Self-actualising Tendencies

MARIAM TUBA

Internship: Synapses Neuropsychiatry Clinic
Research Project: Late Replies; An Adversity to the Well Being of Digitally Native Population

HIBA AMAN

Internship: Sembcorp Green Infra Limited
Research Project: lived experiences of PhD students: a qualitative study

NAUKHEZ ANWAR

Internship: CRIA Foundation, Blessings NGO
Research Project: Effect of online gaming on Depression

STUDENT'S PROFILE (2021-24)



ANAS

Internship: Headspace healing
Research Project: Correlation between the suicide ideation and self esteem and subjective happiness among adults



TAMANNA

Internship: Synapses Neuropsychiatry Clinic
Research Project: Perceived public stigma, attitude towards psychological help-seeking and willingness to seek psychological help among senior secondary students in India.



MOHAMMAD SALIK KHAN

Internship: Blooming Souls' Psychology Clinic
Research Project: Investigating the interrelation between Shyness and Loneliness among secondary and tertiary level students



MARYAM ABDUSSALAM

Internship: Human Welfare Foundation
Research Project: Emotion regulation strategies and social support as coping mechanisms for academic stress.



TAZEEN SIDDIQUI

Internship: Modicare Limited
Research Project: assessing the correlation between body image and life satisfaction in women.



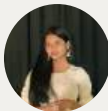
SEERAT SHAFI

Internship: IMHANS, Srinagar Kashmir.
Research Project: Academic Possibilities and Career Decisions of Kashmiri students in the backdrop of Armed Conflict.



FIZZAH FEROUZ

Internship: Synapses Neuropsychiatry Clinic
Research Project: Investigating the influence of digital literacy on attitude towards the internet and mental health of college going students



YAKTA HASSAN

Internship: Synapses Neuropsychiatry Clinic
Research Project: Achievement Motivation and Perfectionism.

STUDENT'S PROFILE (2021-24)



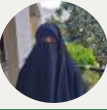
MD HANZLA KHAN

Internship: Blessings NGO
Research Project: Impact of Social Media Usage & Peer pressure in Suicidal Ideation among University Students



FATHIMA K FAISAL

Internship: Dent Care Pvt Ltd NAS
Research Project: Impact of Social Media Usage & Peer pressure in Suicidal Ideation among University Students



ATA ERAM

Internship: Blooming Souls
Research Project: Relation between Spirituality and Positive mental health



NAILA AMJAD

Internship: Blooming Souls Clinic
Research Project: The Relationship Between Parental Stress And Child Behaviour Problem



MOHAMMAD ALI HASNAIN

Internship: CRIA
Research Project: Instagram use and its relation to anxiety and self-esteem among adults



RIFA KHAN

Internship: CUBBE (Center for Understanding Brain Behaviour Emotion)
Research Project: Correlation between Household inequality and Women's Mental Health.



TULHA ASHRAF

Internship: Govt Sub District Hospital, Kashmir
Research Project: Self esteem and life satisfaction of cricket players



SUNDUS RAHMAN

Internship: Moolchand Hospital, Delhi
Research Project: Impact of Instagram use on social connectedness

STUDENT'S PROFILE (2021-24)



RUTBA MANZOOR

Internship: Synapses Neuropsychiatry Clinic

Research Project: Assessing the Relationship between Cognitive Biases and Psychological Well-being among Young Adults



JUSTIN ADITYA SAMUEL

Internship: Synapses Neuropsychiatry Clinic

Research Project: Exploring the relationship between religious beliefs and attitudes towards homosexuality among young adults



OBaidULLAH SHAMSHAD

Internship: Headspace healing
Research Project: Relation between perfectionism and procrastination



AYESHA ALAM

Internship: IHBAS, RML and Synapses Neuropsychiatry Clinic
Research Project: Relation between fear of negative self evaluation and assertiveness among college students



KUMARI NANDITA

Internship: Synapses Neuropsychiatry Clinic
Research Project: Impact of self esteem on social connectedness Among homemakers



MONIB IMAM

Internship: CRIA ABA Foundation
Research Project: Personality Traits, Decision-Making Styles, and Social Media Usage



NILOFAR QURAIISHI

Internship: King George's Medical University, Lucknow
Research Project: Assessing the Relationship Between Sleep Quality and Psychological Well-being among Young Adult



ARIBA KHAN

Internship: Fortis Escorts
Research Project: Impact of sleep quality on psychological well-being.

STUDENT'S PROFILE (2021-24)



INTAKHAB ALAM

Internship: Society for bright future

Research Project: Relationship between Social-connectedness and Self esteem.



FAIZ BAHIM

Internship: Headspace healing
Research Project: Examining Factors Affecting Digital Wellbeing: Insights from the Perceived Digital Wellbeing Scale



MOHD ANAS

Internship: CRIA
Research Project: Effects of social support on mental health wellbeing among young adults



DAR MUZZAMIL HAMID

Internship: RML Hospital

STUDENT'S PROFILE (2021-24)



ABHISAR KUSHWAHA

Internship: Synapses Neuropsychiatry Clinic
Research Project: Correlation between the suicide ideation and self esteem and subjective happiness among adults



FATIMA SAYED EMAM

Internship: Headspace healing
Research Project: The Impact Of AI-Powered Consumer Engagement On Purchase Behavior: A Psychological Exploration



JAMES SAVIO

Internship: IHBAS
Research Project: A Comparative Analysis of Family Cohesion Among Former Residential and Non-Residential School Students



TABISH IMAM

Internship: CRIA
Research Project: Exploring Relationship between physical activity and self esteem



FATEMA TAIYYABA

Internship: IHBAS
Research Project: Relationship between Personality and Spirituality Among College Students

THE PLACEMENT CELL

Department of Psychology



THE PLACEMENT BROCHURE COMMITTEE



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Centenary

Celebrations

100

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Millia
Islamia*

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