



UG-CBCS

पाठ्यक्रम संरचना (शैक्षणिक सत्र 2019-20 से)

Semester	Nature	Code	Title	Pg. No.
1	CBCS-Elective	BSKX11	Indian Culture and Social Issues	02
2	CBCS-Elective	BSKX21	Indian Epigraphy and Paleography	03
3	Ability Enhancement Compulsory Course (AECC)	BSKX31	Fundamentals of Indian Philosophy	04
4	CBCS-Elective	BSKX41	Basic Principles of Indian Medicine System (Ayurveda)	05
5	CBCS-Elective	BSKX51	Basic Elements of Vedic Astrology	06
6	Skill Enhancement Courses (SEC)	BSKX61	Indian Architecture System	07



Semester-I Code: BSKX11		Indian Culture and Social Issues
Credit: 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	1. Culture, Culture and Civilization 2. Indian Culture 3. Culture in a multi-cultural society 4. Vedic <i>sabhyata</i> 5. <i>Sindhu sabhyata</i> 6. Sanskrit in Indo-Islamic tradition-(Proceedings of the Sagar University seminar on 'Islām kā Sanskrit paramparā ko yogadāna') 7. Pandavani, Versions of the Rāma legend in Sanskrit literature – Vālmīki's Rāmāyaṇa, Bhāsa's Pratimānāṭakam, Bhavabhūti's Uttarāmacaritam, Raghuvaṃśam of Kalidasa, Somadeva's Kathāsaritsāgara, Rāmāyaṇamañjari of Rājaśekhara etc.	25
Unit: II	Rītasamhāra in folk music, Sanskrit themes in classical and traditional dance forms Yakṣagan, Odissi, Manipuri, Kathakali, BHaratnaatyam, Major agricultural and seasonal festivals of India and the Indian calendar-Bihu, Holi, Poṅgal, Samkrāntī (Makara Sankranti, Baishakhi), Lohari, Oṅam, Śrāvaṇī Pūrṇimā	25
Unit: III	Law and change-Dharma as an ever evolving phenomenon Manusmṛti, Chapter 2, verses 6 and 12 with the commentary of Medhātithi ; Lingat, Robert : Classical Law of India, Chapter 1, pp 3-7; tradition – pp 9-14 ; good customs – 14-17, Mathur, A.D. : Medieval Hindu Law, Chapter I, pp 1-8, Caste – Voices of challenge Traditional varṇa hierarchy Vajrasūcī by Aśvaghōṣa	25
Unit: IV	Identity of women-Draupadī's question– Mahābhārata, Sabhā Parva – Dyūta Parva, Chapter 66 - Duryodhana asks Draupadī to be brought to the court 1; Vidura's protest 2, 4 ; Chapter 67 – Duryodhana asks Pratikāmī to fetch Draupadī 2; Draupadī's refusal and question 5-10, 16 ; Yudhiṣṭhira's response 39-41 ; Bhīṣma's response 47-49 ; Draupadī's Rejoinder 50-52 ; Vikarṇa's statement, chapter 68, verses 12-17 Karṇa to Vikarṇa – 27-31, 35 Struggle to secure women's right to property 8 hrs. Yājñavalkya Smṛti, Vyavahārādhyāya: Verse 135 with Vijñāneśvara's commentary (section on patnī)	25
Suggested Readings :		
1. वैदिक साहित्य और संस्कृति, बलदेव उपाध्याय 2. प्राचीन भारतीय सामाजिक एवं आर्थिक संस्थाएं, मध्य-प्रदेश हिन्दी अकादमी, भोपाल, 1976 3. हिन्दू संस्कार, राजबली पाण्डेय, चौखम्बा विद्याभवन, वाराणसी 4. अद्भुत भारत, ए. एल. बाशम 5. Basham A.L., Wonder that was India 6. Teaching of Dharmasāstra, J.R. Gharpure, Lucknow University, 1956, pp. 1-25 7. Classical Hindu Law, Lingat Robert 8. Medieval Hindu Law, Mathur A.D., Oxford University Press, New Delhi, 2006 9. Social Life in Northern India, Braj Narain Sharma, New Delhi, 1966 10. Smṛtis-A Philosophical Study, S.L., Sharma, Eastern Book Linkers, Delhi, 2013 11. The Cultural Heritage of India, Rama Krishna Mission, Calcutta		



Semester-II Code: BSKX21		Indian Epigraphy and Paleography
Credit: 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	Study of selected Inscriptions-1: 1. Aśokan edicts & moral values: (a) Samāja (b) Suśrūsā (c) Ākītsā (d) Stryadhyakṣamahāmātrā 2. Dhamma - according to Aśoka 3. Aśokan edicts administrative Officers: (a) rajjuka, (b) Yukta, (c) dharma –mahāmātra 4. Welfare state: repair of dam, mati-saśiva, and karma-saśiva in Junagadh Inscription of Rudradāman	25
Unit: II	Study of selected Inscriptions-2: 1. Eran Pillar Inscription: Status of Samudragupta 2. Meharauli Iron Pillar Inscription of Āndra: 3. Reaction of sub-ordinate rulers after the death of Samudragupta 4. Mighty Āndragupta (II) 5. Influence of the Āhmāna ruler, Vīsaladeva as depicted in the Delhi-Topra Pillar Inscription	25
Unit: III	Indian Palaeography: • Antiquity of writing in India- a) Observations from foreign scholars, b) Literary evidences, c) Observations made by Indian Epigraphists • Importance of the study of Inscriptions- a) Geographical description, b) Historical evidences, c) Society, d) Religion, e) Literature, f) Economic Conditions, g) Administration • Types of Inscriptions: a) Praśasti, b) Religious, c) Donations, d) Grants • Writing material: a) Rocks, b) Pillars, c) Metal Plates, d) Statues e) Pen, Brush, Chisel, Stylus, Paint/Colour	25
Unit: IV	Brahmi script and history of the study of Indian: • Origin of the Brāhmī Script : a) Foreign Origin, b) Indian Origin, c) Greek origin, d) Phoenician origin, Theory of South Indian Origin, Theory of Aryan Origin • Development of the script upto 700 A.D. • Varieties of the Brāhmī Script • History of reading of Indian Inscriptions • Contribution of Epigraphists: G.H. Ojha, Fleet, Princep, D.C. Sircar, Cunningham, Buhler • System of dating and use of eras: Vikram Era, Śaka Era, Gupta Era, Harśa Er	25
Suggested Readings: 1. Bhāratīya Prācīna Lipimāla (Hindi), G. H. Ojha 2. Aśoka ke Abhilekha (Hindi), RB Pandey 3. K.D. Bajpeyi (trans.), Indian Epigraphy, - Bhāratīya Purālīpi) Select Inscriptions (Part - I) 4. Prācīna Bhāratīya Abhilekha (Hindi) V. Upadhyay 5. भारतीय पुरालिपि, राजबली पाण्डेय, लोक भारती प्रकाशन, इलाहबाद, १९७८ 6. भारतीय पुरालिपिशास्त्र, मंगलनाथ सिंह (हिन्दी अनुवाद), मोतीलाल बनारसीदास, दिल्ली, १९६६ 7. लेखनकला का इतिहास (खण्ड १-२), ईश्वरचन्द्र राही, उत्तरप्रदेश हिन्दी संस्थान, लखनऊ, १९८३		



Semester- III Code: BSKX31		Fundamentals of Indian Philosophy
Credit: 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	Fundamentals of Philosophy: Darśana - concept and aims, Classification of Indian Philosophical schools, Salient features of Indian Philosophy	25
Unit: II	Heterodox Schools of Indian Philosophy: Cārvāka – General introduction with emphasis on Chanllenge to Veda, Rejection of Transcendental Entities, Ethics (Based on Sarvadarshansamgrah) Jainism – General introduction with emphasis on Anekāntavāda, Syādvāda, Saptabhaṅginaya, triratna Buddhism- General Introduction with emphasis on Four Noble Truths	25
Unit: III	Orthodox Schools of Indian Philosophy-1: Sāṃkhya – General Introduction with emphasis on prakṛti, guṇatraya & puruṣa Entities (Based on Sāṃkhyakārikā), Yoga - Eight fold path of Yoga (Based on Yogasūtra Sādhanapāda and their on Yogabhāṣya thereon), Nyāya –General introduction with emphasis on Vaiśeṣika : Seven Padārthas (Based on Tarksamgrah), Advaita Vedānta – General introduction with emphasis a Brahman, Māyā, Jīva and Jagat (Based on Vedāntasāra), Mīmāṃsā - Svataḥ Prāmāṇyavāda, Bhakti Schools of Vedānta – General introduction with emphasis on God, Īśvara & nature of bhakti	25
Unit: IV	Problems in Indian Philosophy: Epistemology: six pramāṇas Metaphysics : realism, idealism, Causation - Satkāryavāda. Asatkāryavāda, Pariṇāmavāda, Vivartavāda, svabhāvavāda, consciousness and matter, theories of self Ethics : Karma & Punarjanma theory, Liberation	25

Suggested Readings:

1. Bhartiya, Mahesh - Bhāratīya Darśana Kī Pramukha Samasyāem, Ghaziabad, 1999
2. Chatterjee, S. C. & D. M. Datta - Introduction to Indian Philosophy, Calcutta University, Calcutta, 1968 (Hindi Translation also)
3. Chatterjee, S. C. – The Nyāya Theory of Knowledge, Calcutta, 1968
4. Hiriyanna, M. - Outline of Indian Philosophy, London, 1956 (also Hindi Translation)
5. Shastri, Kuppaswami, A Primer of Indian Logic, 1951 (only introduction)
6. Bhartiya, Mahesh - Causation in Indian Philosophy, Ghaziabad, 1975
7. O’Flaherty, Wendy Doniger -Karma and Rebirth in Classical Indian Tradition, MLBD, Delhi, 1983
8. Pandey, Ram Chandra-Panorama of Indian Philosophy (also Hindi version), M.L.B.D., Delhi, 1966
9. Radhakrishnan, S. - Indian Philosophy, Oxford University Press, Delhi, 1990
10. Raja, Kunnun - Some Fundamental Problems in Indian Philosophy, MLBD, Delhi, 1974



Semester- IV Code: BSKX41		Basic Principles of Indian Medicine System (Ayurveda)
Credit: 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	Introduction to Indian Medicine System: Ayurveda: Definition of yurveda, yuh (Life), ar ra (Body), Health, Aim of yurveda, Subject Matter of yurveda, Salient Features of yurveda, Concept of Health according to yurveda, Unique features of yurveda History of Ayurveda, Atharvaveda as an early source for medicinal speculations, Introduction to Major Texts (Su rut Sa hit and Caraka Sa hit) and Authors (Suśruta and Caraka) and Aṣṭāṅga H dayam, Aṣṭāṅga Saṅgraha of Vāgbhāṭa. Eight Components of yurveda (aṣṭāṅga yurveda): Kayacikits (General Medicine), Kaum rabh tyā (Pediatrics), Shalya Tantra (Surgery), Śālākya-Tantra (Ent. and Ophthalmology), Bhuta-Vidya (Psychiatry Medicine), Vi a Vij na (Toxicology), Ras yana (Rejuvenates), Vājīkaraṇa (Aphrodisiac).	25
Unit: II	Basic Principles of Ayurveda: The Trigunas: Sattva, Rajas and Tamas, The Pa ncamahbhutas: ka (Space), Vayu (Air), Teja or Agni (Fire), Jala (Water) and Prithvi (Earth), The Tridosas: Vata, Pitta and Kapha, The Saptadhatus: Rasa (fluid), Rakta (blood), Māṁsa, Meda (fat), Asthi, Majja and Śukra, The Trayodos gni: Jatharagni (gastric fire), Saptadhatvgni and Pancabhutagni, The Trimalas: Purīṣ (faeces), M tra (urine) and Sveda (sweat). Ayurvedic understanding of lifestyle and concepts of preventive medicine, Seasonal regimen & social conduct and its effect on health, Concepts of Prak ti, Agni, and Kosta, Svastha Vṛtta (Preventive Medicine) : Understanding Health and Disease in yurveda Diagnosis of illness: eight ways to diagnose illness, called N ḍ (pulse), M tra (urine), Mala (stool), Jihv (tongue), abda (speech), Spar a (touch), D k (vision), and k ti (appearance).	25
Unit: III	Dietetics, Nutrition and Treatments in Ayurveda: Ayurvedic understanding of nutrition and metabolism, Classification of h ra according to yurveda and Viruddh h ra (incompatible diet) & role of diet, Commonly used substances and their therapeutic properties and Pharmacology: Intro to basic principles of Ayurvedic pharmacology, Art and science of yurvedic Pharmacy and Understanding Ayurvedic Herbs and common formulations, Pancakarma and Other Ayurvedic Specialty Treatments: Method and classification of treatments in yurveda, Pretreatment, Therapeutic vomiting (Vamana), Purgation Therapy, Enema (Basti), Nasal Administration-Nasya, Blood Letting (RaktaMok a), Introduction and importance of Pa cakarma/Detoxification, Science and art of rejuvenation (Ras yana and Vājīkaraṇa). yurvedic prenatal and postpartum care for healthy mothers and babies, Saṁsk ra, care of infants and children	25
Unit: IV	Important Medicinal Plants in Ayurveda: Medicinal Plants in Susruta Samhita: Tulasi , Haridra, Sarpagandh , Ghrita Kumari , Guggula Brahmi ,mal, Aswagandh, Arjun Tree, Turmeric, Ceylon Hydrolea, Neema Plant, Lady Ferns, Blackberries, Pot Marigold, Comomile, Peppermint, Fenugreek and Aloe vera	25
Suggested Readings: 1. Panchakarma Illustrated, Srinivas Acharya, Chaukhaba Sanskrit Pratishtana, Delhi, 2006 2. K. R. Srikantha Murthy, Illustrated Susruta Samhita, Chaukhamba Orientalia, 2012 3. M.S. Valiathan, An Introduction to yurveda Paperback, Universities Press (India) Private Limited, 4. M.S. Valiathan, The Legacy of Suśruta, Universities Press, 2007		



Semester-V Code: BSKX51		Basic Elements of Vedic Astrology
Credit : 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	Origin and Development of Jyotisha, Uses of Vedic Astrology, General introduction to - Siddhānta, Samhitā, Horā, Tājika, Praśna, Vāstuśāstra and Muhūrtaśāstra	25
Unit: II	Nomenclature of Indian months, Basics of Panchanga, Division of sky, Zodiac Signs or Rashis, Zodiac Signs & their lord planets, Nakshatra, Occurrence of Moola, Planets, Lagna	25
Unit: III	Different types of Birth Charts, Divisions of a Birth Chart, Calculation of Dasa periods, Ruling Planets	25
Unit: IV	Basics of Predictive Astrology, Impact of planets in various houses (Good and bad influences) and Basic Remedies, Major yogas in Predictive Astrology	25
Suggested Readings:		
1. ज्योतिषचन्द्रिका, रेवती रमण शर्मा, कान्ता भाटिया (सम्पा.), भारतीय बुक कार्पोरेशन, दिल्ली		
2. ज्योतिष के आधारभूततत्त्व एवं ज्योतिषचन्द्रिका, गिरीश चन्द्र पन्त, इन्दु प्रकाशन, दिल्ली		
3. ज्योतिषतत्वाङ्क (कोड-1980- कल्याण का वार्षिक-विशेषांक), गीता प्रेस, गोरखपुर		
4. भारतीय ज्योतिष, नेमिचन्द्र शास्त्री, भारतीय विद्यापीठ, नई दिल्ली		
5. देवीप्रसाद त्रिपाठी, ब्रह्माण्ड एवं सौर परिवार, दिल्ली		
6. शिवनाथ झारखण्डी, भारतीयज्योतिष (शंकरबालकृष्ण दीक्षित की मराठी पुस्तक का हिन्दी अनुवाद), उत्तर-प्रदेश हिन्दी संस्थान		
7. Vedic Astrology Demystified, Chandrashekhar Sharma, Parimal Publications, Delhi		



Semester-VI Code: BSKX61		Indian Architecture System
Credit: 04		Internal Assessment-25 Marks, Semester Exam 75 Marks
Unit: I	Vāstusaukhyam of Todaramala: Chapter-1-Vastu prayojana, Vastusvarūpa (Verses 4-13) Bhumi parikshaam, diksāadhanam, nivāsahetu sthananirvacanam. (Verses-14-22)	
Unit: II	Vāstusaukhyam of Todaramala: Vāstusaukhyam of todaramala – Chapter-3 Griha Paryavaranam: Tree plantation, śalyaśodhanam.(Verses31-49,74-82) Vāstusaukhyam of Todaramala-Chapter-4: avargapariśodhanam,vāstucakram, grahavāstu,śilānyāsam. (Verses 83-102,107-112)	
Unit: III	Vāstusaukhyam of Todaramala-Vāstusaukhyam - Chapter – 6: Panchavidhāni Grihāni (five types of house), śāla-ālinda Pramāam (verses-171-194),Vīthikā Pramāam (195-196), Vāstusaukhyam-Chapter-7- Dvāraj-ānam, Stambha -Pramāam, Pancha Chatu śālāni, Grihāni-Sarvatobhadram, Nandyāvartam,Vardhamānam, Svastikam, Rūcakam (verses 203-217)	
Unit: IV	Vāstusaukhyam of Todaramala-Vāstusaukhyam-Chapter-8: Ekāsīti-pada-Vāstuchakram (287-302), Marmasthānāni (305-307) Vāstusaukhyam-Chapter-9: Vāsādisanirūpaam, Dvārafalam, Dvārvedhafalam (322- 335, 359-369)	
Suggested Readings:		
<ol style="list-style-type: none">1. Shukdeva Chaturvedi, Bhāratiya Vāstu Sāstra, Sri Lal Bahadur Shasrti Rastriya Sanskrit Vidyapeeth, New Delhi2. Vinod Shasrti and Shitaram Sharma, Vāstuprabodhinī, Motilal Banarsidas, Delhi3. Rammanohar Dwivedi and Dr. Brahmanand Tripathi, Vrihadvāstumāmā, Chaukhamba Surbharati Prakashan, Varanasi, 20124. Deviprasad Tripathi, Vāstusāra, Eastern Book Linkers, Delhi, 20155. Jeevanaga, Vāsturatnāvali.		