CBCE, SEC AND AEC COURSES OFFERED TO MA STUDENTS UNDER CBCS SCHEME

SEMESTER	PAPER TITLE	NATURE	CREDITS
SEMESTER I	ROLE OF SUFIS AND SUFI SHRINES IN INDIAN HISTORY	CBCE	4
SEMESTER II	HISTORY OF HINDI CINEMA IN THE TWENTIETH CENTURY	CBCE	4
SEMESTER III	THE GANDHIAN THOUGHT: POLITICAL, ECONOMIC AND SOCIAL	CBCE	4
	INDIAN ARCHITECTURE IN MEDIEVAL TIMES (1200-1753)	AECC	4
SEMESTER IV	URBANIZATION IN INDIAN HISTORY	CBCE	4
	HISTORY OF HAPPINESS	SEC	4

PROGRAMME:
MA CBCE
SEMESTER:

Ι

ROLE OF SUFIS AND SUFI SHRINES IN INDIAN HISTORY

COURSE ID: MHSX-1.1 CREDITS: 04

UNIT-I

- 1. Growth of Sufism and Sufi orders in Islam; advent of Sufi Silsilas in India
- 2. Growth and expansion of Sufi silsilas in India: Chistis, Suhrawardis, Qadiris and Naqshbandis
- 3. Representations of Sufi life and thought in Malfuzat, Tazkiras, Maktubat and Hindavi romance narrative

UNIT-II

- 4. Sufis and the state: Sultanate, Mughal and Colonial periods
- 5. Sufis, Society and gender relations
- 6. Sufi interactions with Nathpantis, Sants, and Vaishnava devotees

UNIT-III

- 7. Growth of Sufi-saint cults and political-religious authority of the Sufi shrines
- 8. Sufis and Sufi Shrines during the Colonial period
- 9. Sufism in Contemporary India

Reading List:

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- 2. Bruce B. Lawrence, 'The Sant Movement and North Indian Sufis', in KarineSchovner and W. H. McLeod (eds.), *The Sants: Studies in a Devotional Tradition of India*, Motilal Banarsidas, Delhi, 1987, pp. 359-374.
- 3. Carl W. Ernst, 'The Interpretation of the Sufi Biographical Tradition in India', in his *Eternal Garden: Mysticism, History and Politics at a South Asian Sufi Centre*, Oxford University Press, Delhi, 2004, pp. 85-96.
- 4. Carl W. Ernst, 'The Textual Formation of Oral Teachings in Early Chishti Order', in his *Eternal Garden: Mysticism, History, and Politics at a South Asian Sufi Centre*, Oxford University Press, Delhi, 2004, pp. 62-84.
- 5. Carl W. Ernst, Refractions of Islam in India: Situating Sufism and Yoga, Sage, New Delhi, 2016.
- 6. Iqtidar Husain Siddiqui, 'The Early Chisti Dargahs', in Christian W. Troll, (ed.), *Muslim Shrines in India: Their Character, History and Significance*, Oxford University Press, New Delhi, 1989, pp. 1-23.
- 7. Irfan Habib, 'The Political Role of Shaikh Ahmad Sirhindi and Shah Waliullah', Enquiry, Vol. 5, 1961, pp. 36-55.
- 8. Ishtiaq Ahmad Zilli, 'Chishtis and the State: A Case Study of Shaikh Nizamuddin Aulia's Relations with the Khalji Sultans', in Nazir Ahmed and I. H. Siddiqui (eds.), *Islamic Heritage in South Asian Subcontinent*, Vol. 1, Publication Scheme, Jaipur, 1998, pp. 46-58.
- 9. J. S. Grewal, 'Female Voice in Punjabi Sufi Poetry', in Mansura Haidar (ed.), *Sufis, Sultans and Feudal Order*, Manohar, New Delhi, 2004, pp. 45-54.
- 10. K. A. Nizami, 'Naqshbandi Influent on Mughal Rulers and Politics', *Islamic Culture*, Vol. 39, 1965, pp. 41-52.
- 11. K. A. Nizami, Religion and Politics in India during the 13th Century, reprint, Oxford University Press, Delhi, 2002.
- 12. M. Currie, 'The Quest for the Muin al-din Chishti of History', Chapter 2 in his *The Shrine and Cult of Muin al-Din Chishti of Ajmer*, Oxford University Press, Delhi, 1989, pp. 21-65.
- 13. Mohammad Habib, 'Chishti Mystic Rewards of the Sultanate Period', in K. A. Nizami (ed.), *Politic and Society during the Early Medieval Period*, Vol. 1, People's Publishing House, New Delhi, 1974, pp. 385-433.
- 14. Muzaffar Alam, 'Assimilation from a Distance Confrontation and Sufi Action in Awadh Society', in R. Champakalakshmi, and S. Gupta (eds.), *Traditions, Dissent and Ideology: Essays in Honour of Romila Thapar*, Oxford University Press, Delhi, 1996, pp. 164-191.
- 15. N. K. Wagle, 'Hindu-Muslim Interaction in Medieval Maharashtra', in Gunther-Deity Santheimer and Hermann Kulke (eds.), *Hinduism Reconsidered*, Manohar, Delhi, 2001, pp. 134-152.
- 16. N. R. Farooqi, 'Early Sufis of India: Legend and Reality', in Mansura Haidar (ed.), *Sufis, Sultans and Feudal Orders: Professor Nurul Hasan Commemoration Volume*, Manohar, New Delhi, 2004, pp. 3-21.
- 17. R. Champakalakshmi, 'From Devotion and Dissent to Dominance: The Bhakti of the Tamil Alvars and Nayanars', in David N. Lorenzen, (ed.) *Religious Movements in South Asia 600-1800*, Oxford University Press, Delhi, 2004, pp. 47-80.

- 18. Richard M. Eaton, 'The Political and Religious Authority of the Shrine of Baba Farid', reprinted in Richard M. Eaton (ed.), *India's Islamic Traditions*, 711-1750, Oxford University Press, Delhi, 2003, pp. 263-284.
- 19. Richard M. Eaton, *The Rise of Islam and Bengal Frontier*, 1204-1760, University of California Press, Berkeley, Los Angeles, 1993
- 20. Richard M. Eaton, *The Sufis of Bijapur, 1300-1700: Social Roles of Sufis in Medieval India*, Princeton University Press, Princeton, 2015.
- 21. Richard Maxwell Eaton (ed.), *India's Islamic Traditions*, 711-1750, Oxford University Press, New Delhi, 2003.
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- 24. S. H. Askari, *Maktub and Malfuz Literature as a Source of Socio-Political History*, Khuda Bakhsh Oriental Public Library, Patna, 1981.
- 25. Satish Chandra, 'Interaction of Sufi and Bhakti Movements in South Asia', Chapter 4, in his *State, Pluralism and the Indian Historical Tradition*, Oxford University Press, Delhi, 2008, pp. 148-164.
- 26. Satish Chandra, 'The Historical Background to the Rise of the Bhakti Movement in Northern India', in Satish Chandra, *Essays on Medieval Indian History*, Oxford University Press, Delhi, 2003, pp. 285-304.
- 27. Shahabuddin Iraqi, 'Interaction between Sant and Sufi', in his Bhakti Movement in Medieval India.
- 28. Simon Digby, 'The Sufi Shaikh as a Source of Authority in Medieval India', in Richard Eaton (ed.), *India's Islamic Traditions*, 711-1750, Oxford University Press, 2013, pp. 234-262.
- 29. Sunil Kumar, 'Assertion of Authority: A Study of the Discussion Statements of Two Sultans of Delhi', in Muzaffar Alam, et al. (eds.), *The Making of Indo-Persian Culture: Indian and French Studies*, Manohar, Delhi, 2000, pp. 37-65.

PROGRAMME: MA CBCE SEMESTER:

II

HISTORY OF HINDI CINEMA IN THE TWENTIETH CENTURY

COURSE ID: MHSX-201

CREDITS: 04

UNIT-I COLONIAL BEGINNINGS

- 1. The Parsi theatre and other antecedents.
- 2. Silent movies, the studio system and a pan-Indian audience.
- 3. Mythologicals, historicals and the recovery of the past.
- 4. The singing talkie and the invention of a Hindustani cinema.
- 5. The city and modernity in the Bombay film.

UNIT-II THE NATION AND ITS DISCONTENTS

- 6. Dreaming up the Nation: *Mother India* and after.
- 7. The three ages of the Hero: Idealist, Hedonist and Vigilante.
- 8. Gendered women: mother, vamp and the suitable girl.
- 9. The 'Muslim Social': representing the Other.
- 10. Subaltern stories: peasants, workers and the poor.

UNIT-III

GLOBALISATION AND ITS ASPIRATIONS

- 11. The diaspora and the perfect Hindu family.
- 12. Gangster noir: derivative dons and a new underworld.
- 13. Patriots and terrorists: heroes and villains for the fin de siecle.
- 14. Home and the World, or how the West is done.
- 15. The multiplex and the political economy of Bombay cinema.

READINGS

- 1. A. K. Patnaik, 'Idealistic Equations', Economic and Political Weekly, Vol. 29, No. (32), 6 August 1994.
- 2. A. Rajadhyaksha, (ed.), 'Film Studies', Journal of Arts and Ideas, Vol. 29, January 1996.
- 3. A. Rajadhyaksha, 'Cinema, Culture Industries, Political Societies', *Inter-Asia Cultural Studies*, Vol. 4, No. (1), April 2003 (with Kim Soyoung).
- 4. A. Rajadhyaksha, 'RitwikGhatak: AReturn to the Epic Bombay', Screen Unit, 1982.
- 5. A. Rajadhyaksha, 'Satyajit Ray: Ray's Films and the Ray-Movie', *Journal of Arts and Ideas*, Vol. 23-24, January 1993; Earlier version, Beyond Orientalism, in 'Sight and Sound' 2(4): London.
- 6. A. Rajadhyaksha, 'The 'Bollywoodization' of the Indian Cinema: Cultural Nationalism in a Global Arena, *Inter-Asia Cultural Studies*, Vol. 4, No. (1), April 2003.
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- 8. A. Rajadhyaksha, and Geeta Kapur, 'Bombay/Mumbai1992-2001', in Iwona Blazwick (ed.), *Century City: Art and Culture in the Modern Metropolis*, Tate Publishing, London, 2000.
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- 11. A. Vasudev, 'Addressing the Spectator of the 'third world' National Cinema: The Bombay 'Social' Film of the 1940s and 1950s', *Screen*, Vol. 36, No. 4, 1995.
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- 14. A. Vasudevand P. Lenglet (eds.), Indian Cinema Super Bazaar, Vikas, Delhi, 1983.

- 15. Anaynya Jahanara Kabir, 'Allegories of Alienation and Politics of Bargaining: Minority Subjectivities in Mani Ratnam's Dil Se', *South Asian Popular Culture*, Vol. 1, No. 2, October 2003, pp. 141-159.
- 16. Aparna Sharma, 'India's Experience with the Multiplex', Seminar, online.
- 17. Ashis Nandy, 'An Intelligent Critic's Guide to Indian Cinema', in *The Savage Freud and other Essays on Possible and Retrievable Selves*, Oxford University Press, Delhi, 1995.
- 18. Ashish Nandy, *The Secret Politics of our Desires: Nation, Culture, and Gender in Indian Popular Cinema*, St. Martin's Press, New York, 1998.
- 19. Ashish Rajadhyaksha and Paul Willemen, *Encyclopaedia of Indian Cinema*, British Film Institute, London, Oxford University Press, New Delhi,1994; Distributed in USA by Indiana University Press, second revised edition, 1999.
- 20. Ashish Rajadhyaksha and P. Willemen, *Encyclopaedia of Indian Cinema rev. edn.*, Oxford University Press, New Delhi, 1999.
- 21. Behroze Gandhy and Rosie Thomas, 'Three Indian Film Stars', in Christine Gledhill (ed.), *Stardom: Industry of Desire*, Routledge, London, 1991.
- 22. C. Brosiusand M. Butcher (eds), *Image Journeys: Audio-Visual Media and Cultural Change in India*, Sage Publications, New Delhi, 1999.
- 23. C. Das Gupta, The Painted Face: Studies in India's Popular Cinema, Roli Books, New Delhi, 1991.
- 24. C. Pinney, Camera Indica: the social life of Indian Photographs, University of Chicago Press, Chicago, 1998.
- 25. Chidananda Dasgupta, The Painted Face: Studies in India's Popular Cinema, Roli Books, New Delhi, 1991.
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- 27. Eric Barnouwand S. Krishnaswami, *Indian Film*, (2nd edn.), Oxford University Press, New York, 1980.
- 28. Esha Niyogi De, 'Modern Shakespeare in Popular Bombay Cinema', Vol. 43, No. 1 [Spring 2002.
- 29. Farrukh Dhondy, 'Keeping Faith: Indian Film and its World', Daedalus, Vol. 114, No. (4), 1985.
- 30. G. Kapur, 'Cultural Creativity in the First Decade: The Example of Satyajit Ray', *Journal of Arts and Ideas*, Vol. 23-24, January 1993, pp. 17-49.
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- 33. I. Bhaskar, 'Allegory, Nationalism and Cultural Change in Indian Cinema: 'Sant Tukaram', *Literature and Theology: An International Journal of Religion, Theory and Culture*, Vol. 12, No. (1), March 1998, pp. 50-69.
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- 35. Jaya Kishen Thussu, 'Privatizing the Airwaves: The Impact of Globalization on Broadcasting in India', *Media, Culture and Society*, Vol. 21, 1999.
- 36. Jigna Desai, Rajinder Dudrah and Amit Rai, 'Bollywood Audiences Editorial', *South Asian Popular Culture*, Vol. 3, No. 2, 2005, pp. 79-82.
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- 38. Lakshmi Srinivas, 'The Active Audience: Spectatorship, Social relations and the Experience of Indian Cinema', *Media, Culture and Society*, Vol. 24, No. 2, 2002, pp. 155-173.
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- 40. M. Madhava Prasad, *Ideology of the Hindi Film: A Historical Construction*, Oxford University Press, New Delhi, 2000.
- 41. M. Pendakur, 'New Cultural Technologies and the Fading Glitter of Indian Cinema', *Quarterly Review of Film and Video*, Vol. 11, No. (3), 1989.
- 42. M. Prasad, 'Cinema and the Desire for Modernity', Journal of Arts and Ideas, Vol. 25-26, 1993.
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- 44. M. S. S. Pandian, 'Politics of Representation: Womenin the Films of M.G. Ramachandran, in T.V. Satyamuthy (ed.), *Region, Religion, Caste, Gender and Culture in Contemporary India*, Oxford University Press, New Delhi, 1997.
- 45. M. S. S. Pandian, 'Tamil Cultural Elites and Cinema: Outline of an Argument', *Economic and Political Weekly*, Vol. 13, No. (15), April1996. A Tamil translation was published in 'Kalachuvadu': July-September 1997.
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- 87. S. Dickey, 'The Politics of Adulation: Cinema and the Production of Politicians in South India', *The Journal of Asian Studies*, Vol. 52, No. (2), May pp. 340-72.
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- 91. S. Hughes, 'The Pre-Phalke Era in South India: Reflection on the Formation of Film Audiences in Madras', *South Indian Studies*, Vol. 2, July-December 1996.
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PROGRAMME: MA CBCE

Ш

THE GANDHIAN THOUGHT: POLITICAL, ECONOMIC AND SOCIAL SEMESTER:

COURSE ID: MHSX-3.1 CREDITS:

04

UNIT-I

- 1. Situating Gandhi in biographical and historical perspectives.
- 2. Journey to South Africa and construction of multi-cultural/ plural world view
- 3. Experimenting with techniques of political resistance
- 4. Hind Swaraj: Critiquing the Colonial hegemony

UNIT-II

- 5. Conceptualizing Satya and Ahimsa as tools of self-empowerment
- 6. The Bhagwat Geeta as Gandhi guide to moral and ethical practices
- 7. Gandhi and Varnashram and the caste question
- 8. Campaigns against untouchablity; Gandhi-Ambedkar debate

UNIT-III

- 9. Gandhi's idealization of the rural society as Village Republic
- 10. Critiquing the industrial society and search for an alternative
- 11. Gandhi and the women question, personal and political
- 12. In search of the lasting Hindu-Muslim unity

UNIT-IV

- 13. Gandhi and political campaigns against the colonial rule.
- 14. Education as tool of social transformation
- 15. Gandhian visualization of the state system and citizens
- 16. Critics and admirers of Gandhi on local and global scale

READINGS

- 1. A. L. Basham, 'Traditional Influences in the Thought of Mahatma Gandhi', in R. Kimar, ed. Essays in Ghandhian Politics, Claredon Press, Oxford, 1971.
- 2. B R. Nanda, Mahatma Gandhi: A Biography, Oxford University Press, Oxford, 1958.
- 3. Bhikhu Parekh, Colonialism, Tradition and Reform: An Analysis of Gandhi's Political Discourse, Sage, New Delhi, 1989.
- 4. Dalton (ed.), The Philosophy of Mahatma Gandhi, Popular Book Depot, Bombay, 1946.
- 5. Davdid Hardiman, *Gandhi in His Times and in Ours: The Global Legacy of His Ideas*, California University Press, New York, 2003,
- 6. Douglas Allen (ed.), The Philosophy of Mahatma Gandhi for the 21th Century, Lexington Books, 2008.
- 7. Ghanshayam Shah (ed.), Re-Reading Hind Swaraj: Modernity and Subalterns, Routledge, New Delhi, 2013.
- 8. Joan Bondurant, Conquest of Violence-The Gandhian Philosophy of Conquest, Princeton University Press, New Jersey, 1958.
- 9. Judith M. Brown and Anthony Parel, *The Cambridge Companion to Gandhi*, Cambridge University Press, Cambridge, 2011.
- 10. Judith M. Brown, Gandhi: The Prisoner of Hope, Oxford University Press, Delhi, 1990.
- 11. Louis Fischer, The Life of Mahatma Gandhi, Vintage, 2015.
- 12. M. K. Gandhi, From Yervada Mandir, tr. G. V. Desai, Navjivan Press, Ahmedabad, 1935.
- 13. M. K. Gandhi, *Hind Swaraj and other Writings*, ed. Anthony Parel, Cambridge University Press, Cambridge, 2009.
- 14. M. K. Gandhi, *The Gospel of Selfless Action or The Gita According to Gandhi*, ed. Mahadev H. Desai, Navjivan Publishing House, Ahmedabad, 1946.
- 15. M. K. Gandhi, The Story of My Experiments with Truth, tr. M. Desai, Navjivan Trust, Ahmedabad, 1927.
- 16. Margaret Chatterjee, The Religious Thought of Mahatma Gandhi, University of Norte Dame Press, Norte Dame, 1983.
- 17. Pyarelal, Mahatma Gandhi-The Early Phase, Navjivan Publishing House, Ahmedabad, 1956.
- 18. Pyarelal, Mahatma Gandhi-The Last Phase, 2 vols. Navjivan Publishing House, Ahmedabad, 1956.
- 19. R. R. Diwakar, Satyagrah-Its Technique and Theory.
- 20. Raghavan Iyer, The Moral and Political Thought of Mahatma Gandhi, Oxford University Press, New York, 1973.
- 21. Ramachandra Guha, Gandhi: The Year that Changed the World, 1914-1948, Random House Canada, 2018.

- 22. S. Radhakrishnan (ed.), *Mahatma Gandhi: Essasys and Reflections on his Life and Work*, George Allen and Unwin, London, 1932.
- 23. The Collected Works of Mahatma Gandhi (Relevant Volumes), Createspace Independent Publication, South Carolina, 2015.

PROGRAMME:
MA AEC
SEMESTER:

Ш

INDIAN ARCHITECTURE IN MEDIEVAL TIMES (1200-1753)

COURSE ID:
MHSX-3.2
CREDITS:
04

UNIT-I

- 1. Precedents: Architecture in the Islamicate world; Questioning "Islamic" and "Hindu" Architecture
- 2. Advent of the Turks: Introduction of new techniques, forms and decorative motifs
- 3. The Qutub Complex: Its interpretation and the rhetoric of a 'Hegemonic Islam'
- 4. Forts and Fortified Towns
- 5. Tombs and Shrines: Dargahs and their socio-political role; rituals and practices at the Dargahs; Sultanate tombs

UNIT-II

- 6. The Mughals: Planning, Aesthetics and Techniques; Calligraphy and decorative motifs
- 7. Monumentality and Ideology
- 8. Akbar and Jahangir: Forts, Riverfront palaces, Cities, Tombs and Gardens
- 9. Shah Jahan's Quest for perfection: Cities, Mosques and Mausoleums; the interplay of sacred and temporal power
- 10. Gendering Space: Female patrons of Architecture; Nur Jahan and Jahan Ara's contestation of the masculine realm; Roshan Ara and Qudsia Begum

UNIT-III

- 11. Temple Architecture: Govind Deva temple; Vijayanagara Temples and their political and economic role
- 12. Regional Styles: Jaunpur, Gujarat, Malwa and the Deccan
- 13. Other Arts: Paintings: Rajput and Mughal Paintings; techniques and ideological underpinnings; Mughal allegorical paintings and the ideas of a sacred kingship

READING LIST

- 1. Catherine B Asher, *The Architecture of Mughal India*, The New Cambridge History of India, Vol. 4, Cambridge University Press, Cambridge, 1992.
- 2. Ebba Koch, 'The Wooden Audience Halls of Shahjahan' in *Mugarnas*, 2013.
- 3. Ebba Koch, Mughal Art and Imperial Ideology, Oxford, New Delhi, 2001.
- 4. Ellison B Findly, Nur Jahan: Empress of India, Oxford University Press, New Delhi, 1993.
- 5. George Michell and Amit Pasricha, Mughal Architecture and Gardens, ACC Art Books, New York, 2011.
- 6. George Michell, Architecture and Art of Southern India, Cambridge University Press, Cambridge, 1995.
- 7. James Wescoat, *Mughal Gardens- Sources, Places, Representations and Prospects- History of Landscape Architecture*, Harvard University Press, New York, 1996.
- 8. Milo Cleaveland Beach, *Mughal and Rajput Paintings*, The New Cambridge History of India, Cambridge University Press, Cambridge, 2002.
- 9. Monica Juneja, Architecture in Medieval India: Forms, Contexts and Histories, Orient Blackswan, New Delhi, 2008.
- 10. Percy Brown, Indian Architecture (The Islamic Period), Read Books, Reprint, London, 2010.
- 11. Richard M. Eaton and Philip B Wagoner, *Power, Memory and Architecture: Contested Sites on India's Deccan Plateau, 1300-1600*, Oxford University Press, New Delhi, 2017.
- 12. S. P. Verma, Interpreting Mughal Painting: Essays on Art, Society and Culture, Oxford University Press, New Delhi, 2009.
- 13. Sunil Kumar, The Present in Delhi's Past: Five Essays, Three essays Collective, Gurgaon, 2002.

PROGRAMME:
MA CBCE
SEMESTER:
IV

URBANIZATION IN INDIAN HISTORY

COURSE ID: MHSX-401 CREDITS: 04

UNIT-I

URBANIZATION IN EARLY INDIA

- 1. From Village to City: The Case of Bronze Age Harappan urbanism.
- 2. Emergence of Cities in the sixth century BCE: The socio-economic processes.
- 3. Decay of cities in the fifth-sixth centuries CE and the feudalism debate.
- 4. Emergence of urban centers in the eighth Century

UNIT-II

URBANIZATION IN MEDIEVAL INDIA

- 5. Cities in Tamilaham: Temples, Brahmanism and technological innovations
- 6. Turkish rule and the urban revolution
- 7. The city as a lived space: Shahjahanabad, a 17th century city
- 8. Cultural life of a city: a case study of Agra

UNIT-III

COLONIAL AND POST-COLONIAL CITIES

- 9. Kolkata: A British colonial city
- 10. Panjim: A Portuguese colonial city
- 11. Pondicherry: A French colonial city
- 12. Delhi: In independent India: 1947-2011

READINGS

- 1. ArunGhosh, The City in Early Historical India, Indian Institute of Advance Studies, Shimla, 1973.
- 2. Shereen Ratnagar, Harappan Archaeology: Early State Perspectives, Primus Books, Delhi, 2016.
- 3. R. S. Sharma, *Indian Feudalism*, 3rd Edition, Macmillan Publishers, Delhi, 2006.
- 4. R. S. Sharma, Urban decay in India (c. 300-c. 10000), Munshiram Manoharlal Publishers, Delhi, 1987.
- 5. B. D. Chattopadhyaya, *The Making of Early Medieval India*, Oxford University Press, New Delhi, 1997.
- 6. Radha Champakalakshmi, *Trade, Ideology, and Urbanization: South India 300 BC to AD 1300, Part 1300*, Oxford University Press, New Delhi, 1999.
- 7. InduBanga, The City in Indian History: Urban Demography, Society, and Politics, South Asia Publications, New Delhi, 1991.
- 8. Bidisha Chakraborty and Sarmistha De, *Calcutta in the Nineteenth Century: An Archival Exploration*, Niyogi Books, Delhi, 2014.
- 9. Narayani Gupta, Delhi Between Two Empires, 1803-1931, Oxford University Press, New Delhi, 1998.
- 10. Raphael Malangin, Pondicherry: That was once French India, Roli Books, Delhi, 2015.
- 11. Shereen Ratnagar, *Understanding Harappa*, Tulika Books, Delhi, 2002.
- 12. Satish Saberwal (ed.), Process of Institution in Urban India: Sociological Studies, Vikas Publishing House, New Delhi, 1978.
- 13. Sumit Sarkar, Writing Social History, Oxford University Press, Delhi, 1997.
- 14. Max Weber, The City, Free Press, Chicago, 1958.

PROGRAMME:
MA SEC
SEMESTER:
IV

HISTORY OF HAPPINESS

COURSE ID:
MHX-401
CREDITS:
04

UNIT-1

- 1.1. Concept of Happiness: Theories; Emotional state theory, Hedonism, Life satisfaction theory and Perspectives; Metaphysical, theological and empirical.
- 1.2. Philosophies of Plato, Ibn Sina, Rumi, Al-Farabi, and Freud.

UNIT-2

- 2.1. The idea of Happiness in the Indian Knowledge System; Sanatan, Jaina and Buddhist views and the Yoga tradition.
- 2.2. Chase of Happiness in historical narratives; A comparison of literary theories: Greek tragedies, Indian dramas, the *Shah namah*, *Gulistan-Bustan*, Premakhyan, Shahar Ashob.
- 2.3. The conflicts and consensus in religions around situating happiness against a backdrop of death/rebirth/nirvana/moksha, nothingness (shunya/fana), loss and adversity.

UNIT-3

- 3.1. History & evolution of Positive Psychology.
- 3.2. Modern Researchers and their hypotheses: Anna Lembke, Ichiro Kishimi, Jonathan Haidt, Mark Manson, Paulo Coelho, Robin Sharma and Yuval Noah Harari .

Selected Readings

- 1. Abu Nasr –al Farabi, *On the Perfect State*, Intro.,tr. and commentary by Richard Walzer, Kazi Publications Inc. Chicago, 1997.
- 2. Alan Carr: *Positive Psychology-The Science of Happiness and Human Strengths*, Brunner Routledge, Hove and New York, 2004.
- 3. Anna Lembke, *The Dopamine Nation: Balance in the Age of Indulgence*, Dutton, 2021.
- 4. Annas Julia, The Morality of Happiness, OUP, London, 1993.
- 5. C.R. Snyder-Shane J. Loopez (ed.) Hand book of Positive Psychology, OUP, 2002.
- 6. Chris Allen, *Happiness: The Empirical Science of Happiness and the Philosophy of Tibetan Buddhism*, Portland State University, 2020.
- 7. D. Burns, Feeling Good: The New Mood Therapy, Morrow, New York, 1980.
- 8. D. Burns, *The Feeling Good Handbook: Using the New Mood Therapy in Everyday Life*, Harper Row Penguin, New York, 1989.
- 9. Firdausi Tusi, *The Shahnama of Firdausi*, Tr. Arthur George Warner and Edmond Warner, Impact Global Publishing, USA, 2013
- 10. Ibn Sina, *Remarks & Admonition; Physics and Metaphysics, An Analysis and Annotated Translation-*Shams, C. Inati, Columbia University Press, 2014.
- 11. Ichiro Kishimi & Fumitake Koga, The Courage To Be Disliked, Allen & Unwin, 2018.
- 12. Ichiro Kishimi & Fumitake Koga, *The Courage to be Happy: Discover the Power of Positive Psychology and Choose Happiness Everyday*, Atria Books, New York, 2019.
- 13. Jalaluddin Rumi, *Rumi's Little Book of Life-The Garden of the Soul, the Head and the Spirit*, Tr. Narayan Mafi and Azima Melita Kolin, Amaryillis-An imprint of Manjul Publishing House, Bhopal, 2020.
- 14. Jalaluddin Rumi, *Rumi's Little book of Love & Laughter*, Coleman Barks-Amaryillis-An imprint of Manjul Publishing House, Bhopal, 2018.
- 15. Jonathan Haidt, The Happiness Hypothesis, Random House Business, New York, 2021.
- 16. Karen Armstrong, Muhammad A Prophet for Our Time, Harper One, UK., 2007.
- 17. Marcus Aurelius, Meditations, Fingerprint Publishing, 2017.
- 18. Mark Manson, *The Subtle Art of not Giving a F*ck*, Harper Collins, 2017.
- 19. Paulo Coelho, The Alchemist, Harper, 2005.
- 20. Plato, *The Republic*, Fingerprint publications, 2015.
- 21. Robin Sharma, The Monk Who Sold His Ferari, Jaico Publishing House, Mumbai, 2003.
- 22. Saadi Shirazi, *The Bostan of Saadi*, Translation: G.S. Davie, Compiled by Reza Nazari & Somayeh Nazari, Create Space Independent Publications, 2016.
- 23. Saadi Shirazi, *The Gulistan of Saadi*, Translation: G.S. Davie, Compiled by Reza Nazari & Somayeh Nazari, Create Space Independent Publications, 2016.
- 24. Sen Amartya, *Inequality Reexamined*, Clarendon Press, London, 1992.

- 25. Sen Amartya, Rationality & Freedom, Harvard University Press, 2002.
- 26. Shakti Batra, Bharat's Natyashastra: A Critical Study, Vidya Books, 2014.
- 27. Sigmund Freud, Civilization and its Discontents, Penguin Classics, 2002.
- 28. Sigmund Freud, *The Psychology of Love*, Penguin Modern Classics, 2006.
- 29. The Bhagvat Gita, Tr. R. R. Verma, Prakash Books, New Delhi, 2013.
- 30. Yuval Noah Harari, 21 Lessons for the 21st Century, Vintage Classics, 2000.