

Ph.D. Course Work in Psychology
(w.e.f. 2018-19)

There will be four papers of 100 marks each

1. Research Methods
2. Clinical and Health Psychology
3. Social and Organizational Psychology
4. Annotated Bibliography and Presentation

Candidates are required to attempt five questions (One compulsory and selecting one from each unit. Each question carrying 15 marks).

Question No. 1 would be compulsory. It would contain three short notes based on the entire syllabus of five marks each.

Annotated Bibliography will be examined on the basis of Report and Viva-voce examination.

Internal Assessment: 25 marks (10 marks presentation and 15 marks class test).

End Term Exams: 75 marks, Time: Three Hours

55% marks in both internal assessment and end term examination will be needed to declare the candidate successful in a paper. The Internal assessment will be based on seminar and class test., 75% attendance is mandatory to appear in the End term examination.

Ph.D. Course Work in Psychology
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Paper I: Research Methods:

M. Marks: 75

Course Objectives: To acquaint the students with research process in Psychology. To train them in the research methods and designs in Psychology and to equip them to take up psychological researches independently.

Unit I: Introduction to Psychological Research

- a. Nature and aims of psychological research
- b. Dimensions of research
- c. Theory and research
- d. The meaning of methodology

Unit II: Qualitative and Quantitative Research Design

- a. Concept, logic, and research question/issues
- b. Variables, causal theory, and hypothesis
- c. Sampling: Probability and non-probability
- d. Issues in measurement: Qualitative and quantitative

Unit III: Data Analysis

- a. Analysis of quantitative data introduction to higher order statistics
- b. Qualitative data collection
- c. Analysis of qualitative data
- d. Introduction to advanced statistical techniques using SPSS

Unit IV: Research Report Writing

- a. Ethical issues in psychological research
- b. APA style of writing concept
- c. APA style of writing: Referencing
- d. Research article writing

Recommended Readings:

1. Bayard, P. & Grayson, A. (1976). *Introducing psychological research*. London: McMillan.
2. Bordens, K.S. & Abbot, B.B. (2005). *Research design and methods*. New Delhi: Tata McGraw Hill.
3. Breakwell, G.M. Hammond, S. & Fife-Schaw, C. (1995). *Research Methods in Psychology*. New Delhi: Sage Publications.
4. Cresswell, J.W. (1994) *Research design: Qualitative and quantitative approaches*. Thousand Oaks, CA: Sage Publication.
5. Drew, C.J.: Hardman, M.L. & Hart, W.A. (1996). *Designing and conducting research: Inquiry in education and social science*. New York: Allyn & Bacon.
6. Kerlinger, F.N. (1982). *Foundations of behavioral research*. Delhi: Subject Publication.
7. Nation, J.R. (1997). *Research Methods*. New Jersey: Prentice Hall.
8. Willing, C. & Stainton-Rogers, W. (Eds.) (2008). *The Sage Handbook of Qualitative Research in Psychology*. New Delhi: Sage Publications.

Paper II: Clinical and Health Psychology

M. Marks: 75

A. Clinical Psychology

Unit I:

- a. Diagnostic approaches: DSM-ICD versus RDoC
- b. Mental Health Perspectives – biological, psychodynamic, behavioral, cognitive, humanistic, existential
- c. Psychotherapy: Constructive, Narrative & Feminist Therapy

Unit II:

- a. Current controversies in Clinical Psychology
- b. Cultural issues in Clinical Psychology
- c. Ethical issues in Clinical Psychology

B. Health Psychology

Unit III: Health & Wellbeing

- a. Health and Wellbeing : various dimensions
- b. Illness, pain and stress
- c. Chronic and terminal illnesses

Unit IV: Health Behaviour Change

- a. Health behaviours
- b. Approaches to health behavior change, cognitive behavioral etc.
- c. Process of health behavior change – trans theoretical model.

References:

1. O'Donohue William, *Clinical Psychology and the Philosophy of Science*, Springer, 2013.
2. Pomerantz, A.M., *Clinical Psychology, Science, Practice Culture*, Sage, 2nd ed., 2011.
3. Barlow, D.H., *Oxford Handbook of Clinical Psychology*, OUP, 2011.
4. Trull, T.J. & Prinstein, M.J., *Clinical Psychology*, 8th ed., Wadsworth Cengage Learning, 2013.
5. Taylor, S.E. (2003). *Health Psychology*, McGraw Hill.
6. Marks, Murray, Evans & Estacio (2011): *Health Psychology, Theory, Research & Practice*, Sage.
7. Dimatteo & Martin (2002). *Health Psychology*, Pearson.
8. Hefferon, K. & Boniwell. I. *Positive Psychology: Theory, Research and Applications*, Open University Press, 2011.
9. Boniwell, I. (2012). *Positive Psychology in a Nutshell: The science of happiness*, 3rd ed., OUP.

Paper III: Social Psychology & Organizational Psychology

M. Marks: 75

Unit I

- a. Psychological contract: concept, types and relevance
- b. Emotions in Organization: Concept, multi-layer model of emotions at work
- c. Generations at work: Prospects and Challenges

Unit II

- a. Leadership: Transactional Vs Transformational leadership, leadership in India, leadership from social identity approach
- b. Psychological capital: Concept, controversies and implications
- c. Employees engagement: Introduction, theories, controversies and implications

Unit III

- a. Social conflicts – Inter-group, caste and communal violence; terrorism and insurgency.
- b. Applications to society – legal, health and work
- c. Recent trends in Indian context

Unit IV

- a. Social cognition and behavioral change; moulding human behavior through optimism, positive gains and group successes and social justice.
- b. Ethnicity, ethnic prejudices and aggression
- c. Nature and determinants of prosocial behavior

Paper IV: Annotated Bibliography and Presentation

M. Marks: 50

Annotated Bibliography : Viva Voce – 60 marks
Presentation: 40 Marks

Guidelines:

Review five books and research articles published in the peer reviewed Journal

Report to be prepared using APA Format

List of Libraries/sources visited.

Viva Voce: 60 marks (30 marks by Internal examiner and 30 marks by External examiner).

Presentation: 40 marks (Four member Committee will assign maximum 10 marks each to the candidates for presentation).