

October 9, 2024

Press Release

JMI's SNCWS celebrates World Mental Health Day with Engaging Poster Making Competition

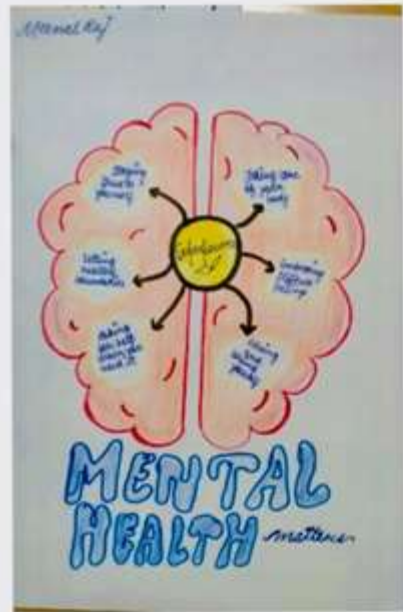
The Sarojini Naidu Centre for Women's Studies (SNCWS), Jamia Millia Islamia (JMI) celebrated World Mental Health Day by organizing a Poster Making Competition on the theme "Mind Matters Everyday" on 8th October, 2024. The event was organized under the guidance of the Director SNCWS, Prof Bulbul Dhar James.

The competition aimed to raise awareness about mental health issues and combat the stigma surrounding them. Students expressed their creativity and commitment to mental health advocacy through their artwork, highlighting the importance of speaking out and seeking support. Also the students of SNCWS as well as students of other Centers and departments were sensitized against the stigma surrounding Mental Health. Through poster making, students were encouraged to spread awareness about mental health and the necessity to speak out and seek support.

"We believe that initiatives like these play a crucial role in educating and sensitizing our community, especially youth about mental health issues" said Prof. Bulbul Dhar James. She further added that, "By encouraging students to engage with this vital issue creatively, we foster a culture of understanding and support".

The event was well-received, with students actively participating and sharing insights on mental health challenges and the importance of mental well-being in everyday life.

Public Relations Office
Jamia Millia Islamia



Glimpses of Poster Making Competition at SNCWS: Mind Matters Everyday!





JAMIA MILLIA ISLAMIA

SAROJINI NAIDU CENTRE FOR WOMEN'S STUDIES

**POSTER MAKING
COMPETITION**

on the occasion of

WORLD MENTAL HEALTH DAY

Theme - Mind Matters Everyday

Date - 8th October 2024

Timings - 12:30 P.M onwards

Venue - Sarojini Naidu Centre for Women's Studies

Noam Chomsky Complex (Gate - 19)



Prof. Buihul Dhar James
HOD, Dept. of Political Science, Jamia Millia Islamia
and
Hony. Director (SNCWS)

Faculty Co-ordinator- Dr. Amina Hussain (Asst. Professor, SNCWS)

Student Coordinators - Zoyba (9988619208)

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